

## When can you see Mrs. Uhr?



**\*Before and  
after school**

**\*During  
class (with  
teacher  
permission and a pass)**

**\*Lunch**

## How can you see Mrs. Uhr?

- \*Self referral**
- \*Phone or email**
- \*Teacher/Administrative  
referral**
- \*Parent referral**
- \*Friend referral**



***“Dream big, then have  
the courage to pursue  
those dreams!”***

**Canyon Hills Junior High**

**2500 Madrugada Dr.  
Chino Hills, CA 91709  
Phone: (909) 464-9938**

***Chino Valley  
Unified School District***



**Canyon Hills Junior High**

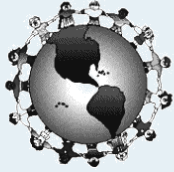
## Counseling Program



***Providing comprehensive and  
academic support services that  
facilitate the achievement of every  
student!***

**Counselor: Mrs. Julie Uhr  
Email: [Julie\\_uhr@chino.k12.ca.us](mailto:Julie_uhr@chino.k12.ca.us)  
Phone: (909) 464-9938 EXT. 7220**

School Counselors Make a  
World of Difference



## Canyon Hills Junior High School Counseling Program

The mission of Canyon Hills Junior High School's counseling program is to provide a comprehensive, developmental program that addresses the academic, career, personal and social development of all students. In partnership with other educators, parents/guardians, and the community, the department acts as a support system to ensure all students have access to and are prepared with the knowledge and skills necessary to succeed in furthering their education.

## Counseling Services

- ♦ Academic skills support
- ♦ Organization, study and test-taking skills
- ♦ Goal setting
- ♦ Parent workshops
- ♦ New student welcome
- ♦ Coping strategies
- ♦ Peer relationships and effective social skills
- ♦ Communication, problem-solving, decision-making and conflict resolution skills
- ♦ Career Day and career planning
- ♦ Safe School Ambassadors (SSA)
- ♦ High school planning
- ♦ Personal counseling



**In addition to providing counseling, planning, and responsive services, the school counselor also:**

\*Coordinates SST's and parent conferences

\*Assists with welcoming new and incoming students

\*Coordinates programs for at-risk students

\*Works closely with teachers and administrators to provide a safe and effective learning environment for students

\*Coordinates with community resources

\*Assists with AVID

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