**Counseling Resources Near Chino Valley**

**Counseling**

**The Parent Project** – parent skills specifically designed for parents of strong-willed or defiant children. 9077 Arrow Route, Rancho Cucamonga, CA 91730  Phone: (909) 477-2625, [www.parentproject.com](http://www.parentproject.com)

**Samaritan Counseling** – 1126 West Foothill Boulevard #110, Upland, CA 91786  Phone: (909) 985-0513 [samaritancounselingupland.org](http://samaritancounselingupland.org)

**Chino Hills Counseling** – 3833 Schaefer Avenue, Chino, CA 91710  Phone: 909 590 2260 [chinohillscounseling.com](http://chinohillscounseling.com)

**Chino Human Services Counseling** – 13201 Central Ave Chino, Ca 91710 Phone : 909 334 3465 mpratt@cityofchino.org

**The Avery Centre**: 5871 Pine Ave Suite 230 Chino Hills, Ca 91709  (909) 597-2226

**Center for Individual & Family Therapy** -3000 E. Birch, Ste 106 Brea, Ca 92821; Phone: 714 558 9266

**Olive Branch Counseling Center** – 9033 Base Line Road, Ste H, Rancho Cucamonga; Phone: 909 989 9030; Riverside Center 4041 Brockton, Riverside, 92501 [www.olivebranchcounseling.org](http://www.olivebranchcounseling.org)

**Matrix Institute on Addictions** – intensive outpatient chemical dependency programs for adults and adolescents, 11777 Sebastian Way, Rancho Cucamonga 91730; Phone: 909 689 4155 [www.matrixinstitute.org](http://www.matrixinstitute.org)

**Turning Point Counseling** -12530 10th St. Unit D, Chino, CA 91710  Phone: (800) 998-6329 [www.turningpointcounseling.org](http://www.turningpointcounseling.org)

**Valenta Depression Recovery Program; Valenta Eating Disorder Recovery Program** - 9479 Haven Ave, Rancho Cucamonga, Ca 91730  909 771 8023  [www.ValentaOnline.com](http://www.ValentaOnline.com)

**Water of Life Church** – Celebrate Recovery; Healing Program; Marriage/Family counseling; Parenting Programs, 7625 East Ave. Fontana, CA. 92336  [info@wateroflifec.org](mailto:info@wateroflifec.org)

**Programs for Teen Issues**

**Teen Rescue** - bringing healing to parents and their children through intervention, education, and training. Provides coaching for parents and referrals to residential schools for teens. Phone: 800 494 2200;  [www.teenrescue.com](http://www.teenrescue.com)

**Heartlight Ministries** – a residential counseling opportunity dedicated to helping adolescents and their families work through difficult situations. P.O. Box 286 Hallsville, Tx 75650 Phone: 909 668 2173 [www.heartlightministries.org](http://www.heartlightministries.org)

**Wilderness Renewal** – 12 Step Program for adolescents; Phone: 855 329 8732  [wildernessrenewal.com](http://wildernessrenewal.com)

**Turn About Ranch** -provides a unique set of services to struggling young people and their families. 280 North 300 East, Escalante, Utah 84726; Phone: 800 842 1165;  [www.turnaboutranch.com](http://www.turnaboutranch.com)

**Fristers (Friends and Sisters)**-Outreach and parenting resources for teenage mothers and their children. Weekly meetings with free child care and mentorship programs. Multiple locations in churches in Yorba Linda, Irvine, Costa Mesa, Anaheim, Santa Ana, and La Habra. Phone: 949 387 7889;  [www.fristers.org](http://www.fristers.org)

**Programs for Adults**


**Salvation Army**– Phone: 800 728 7825; Drug, alcohol treatment, spiritual, social, emotional assistance for men and women who have lost coping skills, and ability to provide for themselves.  [www.salvationarmyusa.org](http://www.salvationarmyusa.org)

**Eating Disorders**

**Valenta Eating Disorder Recovery Program** 9479 Haven Ave. Rancho Cucamonga, CA. 91730
www.ValentaOnline.com
Pacifica Recovery Services – Intensive outpatient program for eating disorders and/or chemical dependency. 415 W. Foothill Ste 210, Claremont 91711; Phone: 909 447 5081 www.pacificarecovery.com
Overeaters Anonymous – Anorexia program Phone: 505 891 2664, www.oa.org
Remuda Ranch – bulimia, anorexia, obesity treatment programs, 1 E. Apache St, Wickenburg, AZ., Phone: 866 390 5100 www.remudaranch.com
Loma Linda University Behavioral and Eating Disorder Program- Redlands, CA. Phone: 800-752-5999 lomalindabehavioralhealth.org
Rebecca’s House- Lake Forest, CA. Phone: 800-711-2062 rebeccashouse.org

Testing & Tutoring and Educational Therapy
Stowell Learning Center – Lindemood-Bell Reading Program; educational assessment and therapy; tutoring, 15192 Central Ave. Chino, Ca 01710 Phone: (909) 598 2482 www.learningdisability.com
Centerbest – Behavioral & Educational Services- Laurie Dickson-Gillespie, PhD Testing and assessment, child and adolescent therapy, family/group attachment therapy, post adoption consultation. 545 N. Mountain Ave. Suite 201, Upland, CA. 91786 Phone: 909 946 0707 www.centerbest.net
Persona Neurobehavior Group – Comprehensive assessment services. 625 Fair Oaks Ave. #390, South Pasadena, CA. 91030 Phone: 624 449 2484 www.personagroup.com
Sylvan Learning Centers – Educational assessment and tutoring. Multiple locations. www.sylvanlearning.com
Cogmed – home-based program that helps children with attention problems by training and increasing their working memory capacity. 888 748 3828 www.cogmed.com
Kumon – after school math and reading program. www.kumon.com
The Prentice School – for dyslexia, www.prentice.org
Homework Hotline – Harvey Mudd College Phone: 877 827 5462 www.askhmc.org
Khan Academy – online free tutoring for many subjects www.khanacademy.com

College Entrance Tests & Tutoring
ACT and SAT Prep – on the OCHS campus – check with counselors and career center
SAT Prep Plan - SAT tutoring, www.satprepplan.com
Score Prep – PSAT and SAT tutoring. Phone: 213 388 7737 or 213 612 7780; 800 PREP 182
Method Test Prep raiseyourscore@methodtestprep.com
www.testtakers.com – individual, customized SAT preparation
www.skillstutor.com – SAT preparation
www.collegeboard.com – SAT information and preparation
Khan Academy- www.Khanacademy.com

Test Registration (OC school code 052278)

College & Scholarship Information
www.collegequest.com – information on any college
www.csumentor.com – information on any Cal State University
www.gocollege.com
www.fastweb.com – scholarship information
www.students.gov - education, career planning, pay for college, military service
www.collegeboard.com - students create a file for MyCollegeQuickStart
www.mystudentedge.com- career, college, scholarship exploration and information
www.careercruising.com – career, college, scholarship exploration; user name OC; password knights

Career & Job Training
ROP – Regional Occupation Program open to anyone over 16. Free. Phone: 909 980 6490

Community Service Agencies (partial list)
Salvation Army – Services for the needy and homeless. 1412 S. Euclid Ontario 909 986 6748; Thrift Store: 456 E. Holt Ave, Pomona; 490 E. La Verne Ave, Pomona 909 623 1579
Food For Life – 2991 Doherty St. Corona, CA. 92879 Phone: 951 279 5090
www.FoodforLifeMinistry.org
Inland Valley Humane Society - Animal adoptions and veterinary care, 500 Humane Way, Pomona, CA. 91766, Phone: 909 623 9777
Public Library – 13180 Central Ave, Chino CA. 91710 Phone: 909 465 5280
Learning Ally-Recording for the Blind – 1844 W. 11th, Upland. CA. 91786, Phone: 909 949 4316. Reading to and recording for blind persons, general office services.
Pomona Valley Hospital - Volunteer Services 909 865 9669
St. Vincent De Paul, Pomona – 909 629 1404
American Red Cross, Ontario – 909 986 6651
New Hope Project / Mariposa Community Services – Homeless Outreach Programs, Ontario First Methodist Church. 918 North Euclid Ave. Ontario 91762 Phone: 909 984 4300; 909 271 3332 Loaves & Fishes – Friday night meals for the homeless.
Chino Neighborhood House – 13130 6th St. Chino, CA. 91710 Phone: 909 628 5608 Emergency assistance to children and families
YMCA – 5665 Edison Ave, Chino, CA. 91710 – Phone: 909 597 7445 camps and after school programs