

## Counselor Recommendation Form

Name: \_\_\_\_\_

1. Explain the extracurricular activities that you do in and outside of school starting from your freshman year (can be earlier if it is a very important aspect of your life). Please note: how many years you have doing the activity, which activities you enjoy the most, which activities you spend the most time doing (specify how many hours a day)
2. Describe three of your greatest strengths.
3. Describe which academic subjects you are strongest in.
4. Describe your proudest moments in high school.
5. Describe a situation in your life where you had to overcome a challenge.
6. List the colleges to which you are interested in applying to. Please note your reach schools and backup schools.
7. What do you intend to major in?
8. What are your career goals?
9. What do you want to learn and gain from your college experience?
10. How do you want to impact the world?