

Resource List

***Listings in this document do not constitute endorsement, nor do they reflect an evaluation of the services listed. This is not a comprehensive list of all resources in the surrounding area/s, and omission of an organization does not imply disapproval.

Counseling

A.C.T. Family Counseling Services – Individual/family/marriage counseling, and hypnosis
2553 S. Euclid Ave., Ontario, CA
Phone: (909) 983-5575 <https://actfamilycounseling.com/>

Asian American Christian Counseling – Non-denominational, non-profit counseling program.
Individual, couple, family, children, and adolescent counseling.
2250 W. Main St. Ste 202, Alhambra, CA
Phone: (626) 457-2900 <http://aaccs.org/>

The Avery Centre - The Avery Centre Trauma Therapy Program is specifically designed for children and adults suffering from trauma, grief, loss, and/or PTSD.
5871 Pine Ave Suite 230 Chino Hills, CA
Phone: (909) 597-2226 <http://averycentre.com>

Behavioral Health Center - Provides counseling services to students within the district that currently have Medi-Cal. Services provided at schools within CVUSD. Must be assessed.
Phone: (909) 628-1201 ext. 8969

Center for Individual & Family Therapy (CIFT) – A non-profit organization.
3000 E. Birch, Ste 106 Brea, CA
Phone: (714) 558-9266 <https://ciftcounseling.com>

Chino Hills Counseling – Faith-based counseling services.
3833 Schaefer Avenue, Chino, CA
Phone: (909) 590-2260 <https://www.chinohillscounseling.com>

Chino Human Services Counseling – Counseling services for families, youth, and teens.
13201 Central Ave Chino, CA
Phone: (909) 334-3259 <https://www.cityofchino.org>

Cypress Clinic – Marriage/family counseling, neurofeedback and neuro-mapping, counseling for children and adults with ADD, Bilingual services (English and Korean).
1169 Fairway Drive, Suite 205, Walnut, CA
Phone: (909) 468-0900 <https://cypressclinic.com/>

Diamond Bar Psychological and Family Services

21660 Copley Drive, Suite 210, Diamond Bar, CA
(909) 396-6888 <http://www.dbpsy.net>

Foothills Psychological Services – Individual/Group/Family therapy and women’s services.
Three nearby locations.

13193 Central Ave. Ste 200, Chino, CA; (909) 902-9111
9089 Baseline Rd., Suite 200, Rancho Cucamonga; (909) 980-3567
954 W. Foothill Boulevard, Suite A Upland, CA 91786; (909) 946-4222
<http://www.foothillspsych.com>

Loma Linda – Offers a wide variety of adolescent mental health programs: Intensive outpatient, partial hospitalization, specialized adolescent, and inpatient programs.

11234 Anderson St. Loma Linda, CA
Phone: (877) 558-6248

<https://lilh.org/behavioral-health/our-services/youth-mental-health/adolescent-mental-health-programs>

Mariposa Community Counseling – Drug and alcohol services, group counseling, medication support services, CalWorks.

2940 Inland Empire Blvd., Ontario CA
Phone: (909) 458-1350

New Day Counseling Center – Individual, couples, child therapy. Parenting/co-parenting, batterers intervention program, child abuse prevention treatment program, anger management.

11780 Central Ave. Ste 100, Chino, CA
(909) 517-2020 <https://www.newdaycenters.org/>

Olive Branch Counseling Center – Mental health services to children, adolescents, adults, couples and families to address a variety of different issues. Two locations.

9033 Base Line Road, Suite A, Rancho Cucamonga, CA; (909) 989-9030
4041 Brockton Ave., Riverside, CA; (951) 3691145;
<http://www.olivebranchcounseling.org>

The Parent Project – Help for parents raising strong-willed and/or difficult children.

Phone: (800) 372-8886 www.parentproject.com

Samaritan Counseling Center – A nonprofit, faith-based counseling service.

1126 West Foothill Boulevard #110, Upland, CA 91786
Phone: (909) 985-0513 <http://www.samaritancounselingupland.org/>

South Coast Community Services – Counseling for kids, teens, young adults and families

Chino Clinic: 11780 Central Ave. Ste 205 Chino, CA
Phone: (877) 527-7227 <https://www.sccs4kids.org/>

Turning Point Counseling – Christian based counseling services.
12530 10th St. Suite D, Chino, CA 91710
Phone: (800) 998-6329 www.turningpointcounseling.org

West End Family Counseling Services – Low cost community mental health services for children, teens, adults, and families. Developmental concerns such as aggression, short attention span, speech difficulties, communication, bonding, feeding issues.
855 N. Euclid Ave., Ontario CA
Phone: (909) 983-2020 <https://www.wefcs.org/>

Psychiatric Assessment Teams/Inpatient Treatment Facilities

Aurora Charter Oak Hospital - Inpatient detoxification, residential treatment, partial hospitalization, intensive outpatient services, on-site Chemical Dependency support groups.
1161 E. Covina Blvd., Covina
Phone: (626) 966-1632 <https://www.charteroakhospital.com/>

BHC Alhambra Hospital - Free psychiatric assessment services for children, adolescents, and adults experiencing: depression, anxiety, suicidal ideation, stress, and threatening or destructive behavior.
4619 Rosemead Blvd., Rosemead, CA
Phone: (626) 286-1191 <https://www.bhcalhambra.com/>

Canyon Ridge Hospital – 24-hour crisis hotline, Chemical dependency, Mental health care
5353 G Street, Chino, CA
(909) 590-3700 <https://canyonridgehospital.com/>

Community Crisis Response Team (CCRT) - Mental health assessments, relapse prevention, intense follow-up services, on-site crisis intervention community based mobile crisis team.
West Valley (Chino Hills, Chino, Rancho Cucamonga, Ontario, Fontana, Montclair).
Teams available 7am-10pm, 365 days per year
Pager: (909) 535-1316
Phone: (909) 458-1517

Crisis Stabilization Unit - unlocked, voluntary, 23-hour psychiatric urgent care centers that offer a positive and environment to individuals aged 13 and older experiencing a mental health crisis in San Bernardino County. CSUs provide crisis intervention, crisis stabilization, medical evaluation, and peer support. Referrals and linkage are provided upon discharge.
14677 Merrill Ave
Fontana, CA
Phone: (951) 643-2340 or 7-1-1 for TTY Users
Hours of Operation: 24 hours a day, 7 days a week

Loma Linda University Behavioral Medicine Center – mobile team available if open beds exist, free assessment
Mobile Assessment and Referral Team
(800) 752-5999, (866) 884-2334 <https://lluh.org/>

San Antonio Regional Hospital - Crisis assessment team, adults only (18 or older), no fee for evaluation and referrals
999 San Bernardino Rd., Upland, CA
Phone: (909) 985-2811
Suicide Assessment Number: (909) 920-4890

San Bernardino County Mental Health Crisis Walk-In Clinic – Crisis assessment and evaluation.
850 E. Foothill Boulevard
Rialto, CA 92376
Phone: (909) 421-9495
Fax: (909) 421-9494
Hours of Operation: Monday-Friday 8am-8pm, Saturday 8am-5pm

Bereavement Counseling

The Compassionate Friends - Support for individuals/families needing support after death of a child, support for grandparents and siblings.
5500 Francis Ave., Chino CA 91710
Phone: (626) 919-7206 <https://www.compassionatefriends.org>

Hope After Suicide Support Group - Support for suicide loss survivors
Chino Hills Community Center
14250 Peyton, Chino Hills 91709
(909) 393-2563

Loma Linda University Grief Retreat/Camps - Camps and retreats for children ages 10-16, program focused on participants who have had 6 months pass since loss from illness, accident, homicide, parent or sibling suicide
11234 Anderson Street, Loma Linda, CA
Phone: (909) 558-4073 <https://lluh.org/patients-visitors/support-groups-services/bereavement-programs/butterfly-program/childrens-grief>

San Antonio Community Well Center – Bereavement Group Tuesday 7-8pm
7777 Milliken Ave., Rancho Cucamonga, CA
Phone: (909) 944-9355

VNA Hospice and Palliative Care - On-going support groups, bereavement program for terminally ill patients and their families, free. Please see website for day/time and locations.
<https://vnasocal.org/bereavement/>

Abused Women, Children, and Men

Catholic Charities (Home Office) – Parenting Classes, anger management, refugee and immigration services, family and community services.

1450 N. D Street, San Bernardino, CA

Phone: (909) 388-1239 <https://www.catholiccharitiesusa.org/>

Center for the Pacific-Asian Family Emergency Shelter – emergency and transitional shelter for victims of domestic violence and sexual abuse, outreach and education programs

3424 Wilshire Blvd Ste 1000, Los Angeles, CA

Phone: (323) 653-4045

Crisis Hotline: (800) 339-3942 <https://nurturingchange.org>

House of Ruth – Provides, shelter, education, information, and referrals. Post-shelter services, group/individual counseling, and prevention programs. Bilingual Services.

P.O. Box 459, Claremont, CA

Phone: (877) 988-5559 (24 HOUR HOTLINE) <https://houseofruthinc.org/>

LeRoy Haynes Center for Children and Family Services- Residential treatment center for abused children.

233 W. Baseline Rd., Box 400, La Verne CA

Phone (909) 593-2581 <https://www.leroyhaynes.org>

Options House Inc – Services for battered men/women/kids. 30-day shelter, food/clothing/child care, counseling, parenting program. Outreach includes temporary restraining orders, court support, and child custody.

813 N. D Street Ste A, San Bernardino, CA

Phone: (909) 3881-3471

Hotline: (909) 381-3471

Resource Line: (909) 383-1171 <https://www.optionhouseinc.com>

Project Sister Family Services – Counseling sessions for men, women, children survivors of sexual assault. Referrals to legal and hospital services, and homeless shelters.

363 S. Park Ave., Ste 303, Pomona CA

Phone: (909) 623-1619 <https://projectsister.org/>

Substance Use/Abuse

Al-Anon/Al-Teen – Support groups for family/friends of alcoholics. Call for meeting locations
1016 E. Cooley Dr. Ste C-2, Colton, CA
Phone (909) 824-1516

Inland Valley Drug and Alcohol Recovery Services - Detoxification, residential and outpatient treatment, aftercare, education, individual and group counseling, along with primary & secondary prevention services.

1260 E. Arrow Hwy, Upland, CA Phone: (909) 932-1069
934 N. Mountail Ave., Ste A&B, Upland, CA Phone: (909) 949-4667
<https://www.inlandvalleyrecovery.org>

Loma Linda - Dual diagnosis track intensive outpatient program for adolescents. Addresses the underlying issues associated with substance use through therapy and education using a 12-step approach.

11234 Anderson St. Loma Linda, CA
Phone: (877) 558-6248
<https://lruh.org/behavioral-health/our-services/youth-mental-health/adolescent-mental-health-programs>

Martinez Counseling Center – Drug testing and alcohol programs, group counseling, bilingual services (Spanish and English), appointment only.

9681 Business Center Dr., Suite A1, Rancho Cucamonga CA
Phone: (909) 466-6939

Matrix Institute Addictions – Adolescent programs, crisis counseling, education/prevention information, drug testing, outpatient services, parenting and anger management.

11777 Sebastian Way Ste 102B, Rancho Cucamonga, CA
Phone: (909) 989-9724

National Council on Alcoholism and Drug Dependence - Alcohol and Drug Assessments, Individual/Group Counseling, DUI Services, Anger Management, Domestic Violence, 12 Step, Substance Use.

656 N. Park Ave., Pomona CA
Phone: (909) 629-4084
<https://www.ncaddesgpv.org/index.php/services-provided>

Teen Challenge – A nonprofit Christian that provide youth, adults, and families with a Christian faith-based drug and alcohol program. For adults or adolescent males ages 12-17.

5445 Chicago Avenue Riverside, CA 92507
Phone: (951) 682-8990 <https://www.teenchallenge.org>

Eating Disorders

Loma Linda – Provides for medical and mental health needs. Outpatient and partial hospitalization programs.

Phone: (909) 787-2182 <https://lulh.org/behavioral-health/our-services/eating-disorder-programs>

Overeaters Anonymous – Compulsive overeating, under-eating, food addiction, anorexia, bulimia, binge eating, and/or over-exercising.

www.aa.org

Pacifica Recovery Services – Intensive outpatient program for eating disorders and/or chemical dependency.

415 W. Foothill Ste 210, Claremont CA

Phone: (877) 597-5000 www.pacificarecovery.com

Rebecca's House – Programs for women and men. Partial day treatment, intensive outpatient, extended care, and recovery living programs.

23792 Rockfield Blvd, Ste 100, Lake Forest, CA

Phone: (800) 285-4642 <https://www.rebeccashouse.org/>

Valenta Eating Disorder Recovery Program – Eating disorder day treatment program and outpatient services.

9479 Haven Ave. Rancho Cucamonga, CA

Phone: (909) 771-8023 <http://www.valentaonline.com/>

Resources/Hotlines

BHC Alhambra Hospital – 24-hour intake services

Phone: (800) 235-5570

California Youth Crisis Line – Crisis intervention counseling for ages 12-24

Phone: (800) 843-5200

Canyon Ridge – Hospital assessment hotline. 24- hour assessment

Phone: (909) 590-4001

Chino Neighborhood House - Offers our low to moderate income neighbors a store that provides the groceries that they need to supplement what they do not have at home at no cost.

13130 6th Street, Chino, CA

Phone: (909) 628-5608 <https://chinoneighborhoodhouse.com/>

Chino Police –

5450 Walnut Ave., Chino CA
Phone: (909) 628-1234 NON EMERGENCY

Chino Hills Sheriff Station –

14077 Peyton Dr., Chino Hills CA
Phone: (909) 465-6837 NON EMERGENCY

Crisis Textline - Available 24/7, 365 days a year, this organization helps people with eating disorders and other mental health issues by connecting callers with trained crisis volunteers who will provide confidential advice, support, and referrals if needed.

Text CONNECT to 741741

Domestic Violence Hotline – Shelters for men/women/children, counseling, case management, groups, parenting classes

Phone: (877) 988-5559

Food For Life Ministries - Nonprofit organization that provides food boxes to those in need.

4712 Cheyenne Way
Chino, California 91710
Phone: 909-627-FOOD (3663)

Hope Family Resource Centers – School based service sites helping students and families in need of support. CalFresh/CalWorks, food, clothing, child care, counseling, parent education, tutoring information, housing information, preschool referral, Medi-Cal/Covered California assistance.

Centers located at the following CVUSD schools: Adult School, Alternative Education, Don Lugo, Dickson Elementary, Levi Dickey Elementary, Walnut Elementary

Phone: (909) 628-1201 ext. 8960

Hopeline Network – Dedicated to serving anyone in crisis.

Phone: (800) 442-4673

National Domestic Violence Hotline

Phone (800) 799-7233 (SAFE)

National Eating Disorders Association Helpline: Offers support Monday–Thursday from 9 a.m.–9 p.m. EST, and Friday from 9 a.m.–5 p.m. EST. You can expect to receive support, information, referrals, and guidance about treatment options for either you or your loved one.

Phone (800)-931-2237

National Suicide Prevention Hotline - Provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones.

Phone: (800) 273-8255 <https://suicidepreventionlifeline.org/>

Rape Crisis Hotline – 24 hours
Phone: (714) 957-2737

Salvation Army - Food & Nutrition Programs, Emergency Shelter, Camping Activities, Christian Education, Worship and Ministry, Music & Arts Programs, Latchkey Programs, Day Care, Boys' & Girls' Club.
490 E. La Verne Ave., Pomona CA
Phone: (909) 623-1579
<https://pomona.salvationarmy.org/>

San Bernardino County 211 – Provides free and confidential information/referrals for clothing, food, shelter, counseling, health/dental care, job services, elder assistance, crisis services, etc.
Phone: 211 <https://211sb.org/>

Victims of Crime Resource Center – State wide referral service. Compensation program for victims of crime.
Phone: 800-VICTIMS (800-842-8467)
<https://1800victims.org/>

YMCA – after school programs, camps, and childcare. Geared toward youth development and healthy living.
5665 Edison Ave, Chino, CA
Phone: (909) 597-7445 <https://www.weymca.org>

Academic Resources

ACT – ACT information, registration, and prep
<https://www.act.org/>

Big Springs Educational Therapy Center & School – Educational assessment and therapy, speech/language, sensory integration/occupational, social skills, language enrichment, perceptual/visual/motor therapy, writing/written expression, dysgraphia, ABA services.
Riverside Campus: 2882 Arlington Ave, Riverside, CA
Phone: (951) 394-8300 <http://www.bigspringsedtherapycenter.com>

Cogmed – Online training program to help improve working memory.
1655 E. Sixth St. Suite A-6A #105, Corona, CA
Phone: (951) 858-1643 www.cogmed.com

Homework Hotline – Free over-the-phone math and science tutoring service for students in grades 4 through 12. Open four nights/week, Monday through Thursday, from 6pm - 9pm.
Phone: (877) 827-5462 <https://www.hmc.edu/community-engagement/homework-hotline/>

Khan Academy – Non-profit educational organization that provides free video tutorials and interactive exercises in multiple subjects.

www.khanacademy.com

Kumon – After school math and reading program to be completed at a location and at home. Multiple locations.

Phone: (800) ABC MATH (800-222-6284) www.kumon.com

SAT – Information, registration, and prep

www.collegeboard.com

Stowell Learning Center – educational assessment and help tailored to meet each individual students' needs.

15192 Central Ave. Chino, CA

Phone: (909) 598-2482 <https://stowellcenter.com/>

Sylvan Learning Centers – Educational assessment and tutoring. Multiple locations.

Phone: (888) 338-2283 www.sylvanlearning.com

College & Scholarship Information

www.collegequest.com - information on colleges/free college match service

<https://www2.calstate.edu/> - information on the csu system and the campuses

www.gocollege.com – information on college admissions, education options, scholarships, grants, financial aid

www.fastweb.com - connection to scholarships, colleges, financial aid and more.

www.collegeboard.com – college planning and scholarships

<https://www.petersons.com/> - a guide to colleges, universities, and scholarships

<https://public.careercruising.com> – self-planning and exploration software to help individuals explore career paths.

<https://studentaid.ed.gov/sa/types/grants-scholarships/finding-scholarships> - a guide to fund and apply for scholarships.

<https://studentaid.ed.gov/sa/fafsa> - FAFSA application

Career & Job Training

Baldy View Regional Occupational Program (ROP) – Entry level career preparation for high school students and adults. Check in at the career center or with your guidance counselor

www.baldyviewrop.com

The Reserve Officer Training Corps (ROTC) – a college program offered at more than 1,700 colleges and universities across the United States that prepares young adults to become officers in the U.S. Military.

<https://www.todaysmilitary.com/education-training/rotc-programs>