

Thirteen Tips for Homework Success

By Mike Wendling



Homework can be such a hassle. If you are tired of arguing, nagging, threatening or bribing your kids to get their homework done, don't despair. Here are 15 tips to help create a positive home environment that encourages kids to do their homework with less hassle and more harmony.

- 1. Plan ahead.** A little planning now can save a lot of frustration later. Sit down with your child and work out the details. When a child helps decide where, when, and how the homework will be handled, she is more likely to follow the rules she helped create.
- 2. Have homework start at the same time each day.** Whether it's shortly after school, later in the afternoon, or early evening, by consistently following a routine, your child will develop good habits.
- 3. Location, Location, Location!** Some children work best alone, away from distractions. Others need to feel the presence of family around them. Observe and talk to your child to find an optimal study area.
- 4. Set your mood.** Check your tone of voice and body language when interacting with your child about homework. Are you gentle and firm? Nagging? Approachable? Hysterical? You will be more helpful to your child by noticing the results your mood generates. An encouraging attitude helps set up a positive learning environment.
- 5. Make resources and supplies easily accessible.** Place dictionary, paper, erasers, and other homework essentials together in one area for quick access. When kids have to break their chain of thought to look for supplies, they may have a hard time getting started again.
- 6. Work toward independence.** The goal is to have homework done independently of a parent. If your child needs constant supervision, consider reading a book, folding laundry, or balancing your checkbook instead of hovering over her. Show interest and provide help when needed, but avoid over involving yourself.
- 7. Eliminate television from homework time.** The distraction is too great.
- 8. Research shows that certain types of music promote learning and productivity.** Some children need a quiet environment, others enjoy and make better use of their time with music in the background.
- 9. Praise effort instead of intelligence.** The smartest person in the world won't accomplish much without putting in the effort. When efforts are praised, children learn that their actions lead them to success. In the early grades, bright kids often do well with little effort. If praise is focused on intelligence, it could mislead a child into believing that effort is a sign of weakness.
- 10. Notice what your child is doing right.** Children see themselves through your eyes. Focusing on sloppy handwriting leads a child to see herself as sloppy. Noticing even one neat letter on the page encourages a child to see herself as capable of writing neatly.
- 11. Study in bursts.** Sitting in front of the homework for one long stretch of time can lead to frustration and slower productivity. Allowing short breaks gives your child a chance to expend pent up energy, and work the wiggles out. Breaks should be short and not involve television.
- 12. Let the child set up the schedule for long term projects.** Kids need the opportunity to learn how to set priorities, schedule their time and complete tasks. Instead of telling them what to do, "You will devote 15 minutes a day to memorizing your spelling words," guide them to make decisions for themselves, "Would it work better for you to study all your spelling words each night, or memorize a few words each day?"
- 13. Encourage your child to check his own work.** Self evaluation is a useful tool for catching mistakes and improving quality.