

Counselor Name: \_\_\_\_\_

Student Name: \_\_\_\_\_ Email: \_\_\_\_\_

- Note for counselor: when referring to college or University, it is best practice to simply state college or University instead of using a specific college's name. This recommendation will be used for more than one school.

**STUDENT INFORMATION & SELF-ASSESSMENT**

Be sure to explain your answers. By providing specific details, you assist your counselor in conveying the most accurate story of who you really are to the College Admissions Committee.

Please list the colleges to which you will apply. It is your responsibility to keep your counselor up-to-date regarding your college application plans. (Attach separate piece of paper if applying to more colleges).

College / Services Academies	Deadline	Early Action, Early Decision or Regular Decision

Volunteer and Community Service (List unpaid work only)		
Organization	Description of organization and your responsibilities	Year(s) of involvement (ex: 9th, 10th, 11th, 12th)

Counselor Name: \_\_\_\_\_

<b>Awards and Honors</b> (Briefly describe the most significant awards you have received since the 9th grade)		
<b>Award or Honor</b>	<b>Description of award or honor</b>	<b>Award type (ex: Academic or Other)</b>

<b>Extracurricular Activities</b> (Briefly describe the activities you have been involved since 9th grade)		
<b>Activity</b>	<b>Description of activity</b> (note any leadership positions)	<b>Year(s) of involvement</b> (ex: 9th, 10th, 11th, 12th)

<b>Work Experience</b> (List paid work)		
<b>Job Title</b>	<b>Responsibilities</b>	<b>Year(s) of involvement</b> (ex: 9th, 10th, 11th, 12th)

**Counselor Name:** \_\_\_\_\_

- Intended major:
  
- Are you a first-generation college student?
  
- What is the education level of your parents?
  - Mother:
  - Father:
  
- Besides a future career, how will college benefit your academic curiosity?
  
  
- Describe what you are looking for in your college experience?
  
  
- What three words best describe you, and why are they good descriptors?
  
  
- What are your personal strengths?
  
  
- What are your academic strengths?
  
  
- What three things would you want a college admissions committee to know about you?
  
  
- Please list any hardships or setbacks you have encountered throughout high school.