



# Second Step Pacing Calendar

7<sup>th</sup> GRADE (2020 online curriculum update)

2020-2021



**SEL Guidance Lessons for weeks #2-#4-** These lessons were created by MTSS-B counselors and are ready to be delivered in the form of a 15-20 minute ready-to-play video. You may choose from several lessons available depending on the need of your students. <https://www.chino.k12.ca.us/Page/33267>

L: Lesson, BPU: Bullying Prevention Unit

Week:	1	2	3	4	5	6	7	8	9	10	11
<b>Unit/ Lesson</b>	<b>PBIS Kick-Off</b> Teach school wide and classroom behavioral expectations	<b>SEL Guidance Lesson</b>	<b>SEL Guidance Lesson</b>	<b>SEL Guidance Lesson</b>	<b>Unit 1 L1a / 1b</b>	<b>Unit 1 L 2</b>	<b>Unit 1 L 3</b>	<b>Unit 1 L 4</b>	<b>Unit 1 L 5</b>	<b>Unit 1 L 6</b>	<b>Unit 1 L 7</b>
<b>Lesson Title</b>		Choose from: <a href="https://www.chino.k12.ca.us/Page/33267">https://www.chino.k12.ca.us/Page/33267</a>	Choose from: <a href="https://www.chino.k12.ca.us/Page/33267">https://www.chino.k12.ca.us/Page/33267</a>	Choose from: <a href="https://www.chino.k12.ca.us/Page/33267">https://www.chino.k12.ca.us/Page/33267</a>	Starting Middle School / Helping New Students	Creating New Pathways in Your Brain	Learning from Mistakes & Failure	Identifying Roadblocks	Overcoming Roadblocks 1	Overcoming Roadblocks 2	Is My Plan Effective?
Week:	12	13	14	15	16	17	18	19	20	21	22
<b>Unit/ Lesson</b>	<b>Unit 2 L 8</b>	<b>Unit 2 L 9</b>	<b>Unit 3 L 10</b>	<b>Unit 3 L 11</b>	<b>Unit 3 L 12</b>	<b>Unit 3 L 13</b>	<b>Unit 3 L 14</b>	<b>Unit 3 L 15</b>	<b>Unit 3 L 16</b>	<b>Unit 3 L 17</b>	<b>Unit 3 L 18</b>
<b>Lesson Title</b>	What is Harassment?	Gender-Based Harassment	What is Sexual Harassment?	The Effects of Sexual Harassment	Your Rights and Responsibilities	Preventing Harassment	Emotions Matter	Thoughts and Emotions	Unhelpful Thoughts	Reframing Unhelpful Thoughts	Practicing Positive Self-Talk
Week:	23	24	25	26	27	28	29	30			
<b>Unit/ Lesson</b>	<b>Unit 3 L 19</b>	<b>Unit 4 L 20</b>	<b>Unit 4 L 21</b>	<b>Unit 4 L 22</b>	<b>Unit 4 L 23</b>	<b>Unit 4 L 24</b>	<b>Unit 4 L 25</b>	<b>Unit 4 L 26</b>			
<b>Lesson Title</b>	Making Better Decisions	Why Do Social Conflicts Start?	Owning Your Part in Conflict	Keeping Calm During a Conflict	Handling Conflicts Responsibly	Barriers to Resolving Conflict	Overcoming Barriers to Resolving Conflict	Acting Out			



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Week:	1	2	3	4	5	6	7	8	9	10	11
<b>Unit/ Lesson</b>	<b>PBIS Kick-Off</b> Teach school wide and classroom behavioral expectations	<b>SEL Guidance Lesson</b>	<b>SEL Guidance Lesson</b>	<b>SEL Guidance Lesson</b>	<b>Unit 1 L1</b>	<b>Unit 1 L2</b>	<b>Unit 1 L 3</b>	<b>Unit 1 L 4</b>	<b>Unit 1 L 5</b>	<b>Unit 1 L6</b>	<b>Unit 1 L7</b>
<b>Lesson Title</b>		Choose from: <a href="https://www.chino.k12.ca.us/Page/33267">https://www.chino.k12.ca.us/Page/33267</a>	Choose from: <a href="https://www.chino.k12.ca.us/Page/33267">https://www.chino.k12.ca.us/Page/33267</a>	Choose from: <a href="https://www.chino.k12.ca.us/Page/33267">https://www.chino.k12.ca.us/Page/33267</a>	Welcome	Who Am I? My Identify	My Interests & Strengths	Harnessing My Strengths	Pursuing My Goals	My Future Self	My Path Forward
Week:	12	13	14	15	16	17	18	19	20	21	22
<b>Unit/ Lesson</b>	<b>Unit 2 L 8</b>	<b>Unit 2 L 9</b>	<b>Unit 2 L 10</b>	<b>Unit 2 L 11</b>	<b>Unit 2 L 12</b>	<b>Unit 2 L 13</b>	<b>Unit 3 L 14</b>	<b>Unit 3 L 15</b>	<b>Unit 3 L 16</b>	<b>Unit 3 L 17</b>	<b>Unit 3 L 18</b>
<b>Lesson Title</b>	Understanding Bullying	Social Factors that Contribute to Bullying	Environmental Factors that Contribute to Bullying	Disrupting Factors that Contribute to Bullying 1	Disrupting Factors that Contribute to Bullying 2	Stand Up and Disrupt!	Understanding Stress and Anxiety	Where Does Stress Come From?	Can Stress Help You Grow?	Strategies for Managing Stress	Changing Strategies and Getting Help
Week:	23	24	25	26	27	28	29	30			
<b>Unit/ Lesson</b>	<b>Unit 3 L 19</b>	<b>Unit 4 L 20</b>	<b>Unit 4 L 21</b>	<b>Unit 4 L 22</b>	<b>Unit 4 L 23</b>	<b>Unit 4 L 24</b>	<b>Unit 4 L 25</b>	<b>Unit 4 L 26</b>			
<b>Lesson Title</b>	My Stress-Management Plan	My Values and My Relationships	Healthy Relationships	Unhealthy Relationships	Conflicting Perspectives	Managing Conflicts	Your Guide to Healthy Relationships	High School Challenges			