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Student

Date

Name _____ Turned in _____ Period _____ Teacher _____

Physical Education – Written Work Assignment

Directions: (1) Read an article from an internet search, magazine, newspaper, etc. related to health, fitness, nutrition, exercise, or related subject matter. Hand write five separate facts in complete sentences from the reading that stood out as informative and write them on the lines provided. (2) **In your own handwriting**, write a 100 word summary of the reading on the lines provided. (3) Attach the article to this worksheet. **No credit will be earned without proof of the article.**

Informative Facts:

1. _____

2. _____

3. _____

4. _____

5. _____

100 Word Summary

*If you cannot print out the article from the internet, you must refer to a magazine and cut out the article.

Do not tell your teacher to look up the website!!