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CHINO VALLEY
UNIFIED
SCHOOL DISTRICT
TOGETHER!

2022-2023

***Safe Return to In-Person
Instruction and
Continuity of Services***

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Safe Return to In-Person Instruction and Continuity of Services

In accordance with the California Department of Public Health's (CDPH) COVID-19 Public Health Guidance for K-12 Schools, the *Safe Return to In-Person Instruction and Continuity of Services* plan outlines the current measures to support safe in-person learning for the 2022-2023 school year.

NOTE: As Local Education Agencies (LEA) are required to adhere to local county health and safety guidelines, the *Safe Return to In-Person Instruction and Continuity of Services* plan will be continuously reviewed and as appropriate, updated when there are changes to local health and safety guidelines.

Masking

Masking continues to be an important layer of protection to mitigate the transitions of COVID-19 and other respiratory pathogens. While not required on school campuses or indoors, high quality masks will be provided to those who choose to continue masking, upon request.

No one can be prevented from wearing a mask as a condition of participation in an activity or entry into a school unless wearing a mask would pose a safety hazard.

Handwashing and Respiratory Etiquette

Ensure staff, teachers, and students use proper handwashing and respiratory etiquette. Provide training and time for students to routinely wash or sanitize their hands especially during key times.

- Before and after eating
- Before and after transitions
- Before entering the classroom
- After using the restroom
- After blowing nose, coughing, or sneezing
- Before or after touching face covering

Cleaning and Maintaining Healthy Facilities

Regular cleaning procedures shall be implemented to maintain healthy facilities.

Clean high touch surface areas throughout the day

- Door handles
- Handrails
- Drinking fountains
- Sink handles
- Shared tables, desks, and chairs
- Lunch tables
- Restroom surfaces
- Playground equipment

Areas cleaned/wiped daily

- Classrooms
- Front office
- Computers and computer labs (keyboards and accessories)
- Restrooms
- Multipurpose Room
- Kitchens
- Lounges
- Light switches

Ventilation

Improve ventilation to the extent possible to increase circulation of outdoor air, and increase the delivery of clean air through layered mitigation strategies:

- Bring in as much outdoor air as possible
- Ensure heating, ventilation, and air conditioning (HVAC) settings are maximizing ventilation
- Use portable filtration systems to enhance air cleaning

Contact Tracing

The Division of Human Resources in conjunction with school administrative staff or program administrator will coordinate contact tracing procedures for employees that follow CAL/OSHA and CDPH guidelines for COVID-19 Isolation and Quarantine.

Schools will use the *CDPH Group-Tracing Approach to Students Exposed to COVID-19 in a K-12 setting*. All aspects of contract tracing are voluntary and confidential (Refer to Appendix A: Isolation and Quarantine Guidelines).

Diagnostic and Screening Testing

COVID-19 testing centers can be found on the SBCDPH website at www.sbcovid19.com or with the families' health care providers.

Employees

Passive screening should be initiated each morning prior to reporting to work for COVID-19 symptoms and any exposure to symptomatic or asymptomatic individuals with COVID-19. Employees presenting any of the following symptoms should remain at home:

- Temperature of 100.4 degrees F or higher
- Sore throat
- New or persistent cough (for employees with chronic cough due to allergies or asthma, a change in their cough from baseline)
- Shortness of breath or difficulty breathing (for employees with asthma, a change from their baseline breathing)
- Diarrhea or vomiting
- New onset of severe headache, especially with a fever
- Nausea

- Loss of taste or smell
- Chills
- Muscle or body aches
- Fatigue (difficulty getting out of bed)

Students

Daily screening for COVID-19 symptoms and for exposure to symptomatic or asymptomatic individuals with COVID-19 should be done each morning, prior to coming to school. Students presenting any of the symptoms should remain at home:

- Temperature of 100.4 degrees F or higher
- Sore throat
- New or persistent cough (for students with chronic cough due to allergies or asthma, a change in their cough from baseline)
- Shortness of breath or difficulty breathing (for students with asthma, a change from their baseline breathing)
- Diarrhea or vomiting
- New onset of severe headache, especially with a fever
- Nausea
- Loss of taste or smell
- Chills
- Muscle or body aches
- Fatigue (difficulty getting out of bed)

If the student exhibits one high-risk symptom, or two or more low-risk symptoms for COVID-19, parents/guardians will be notified to pick up their child.

Low-risk Symptoms		High-risk Symptoms
Fever (100°.4 F or greater)	Fatigue	Loss of Taste or Smell
Chills	Runny Nose	New and persistent/uncontrolled cough
Nausea	Congestion	Shortness of breath and/or difficulty breathing
Vomiting	Sore Throat	
Diarrhea	Muscle/Body Aches	
Headache		

If there was no exposure to a COVID-19 positive person, the following criteria needs to be met by the student before returning to school:

1. At least 24 hours have passed without fever and fever reducing medication
2. Other symptoms have improved

One of the following is recommended, but not required:

- Health care provider confirms an alternative diagnosis for symptoms or an underlying condition (a health care provider's note should be on file at school) OR
- Negative Antigen test or SARS-CoV-2 PCR (verification of results is not required) OR
- 10 days have passed since symptoms first developed

If a student has been exposed to an individual with COVID-19 outside of school, the recommended actions in Outside of School Exposures to Positive COVID-19 Case should be followed (Refer to Appendix A: Isolation and Quarantine Guidelines).

If a student tests positive for COVID-19, the COVID-19 Positive Isolation guidelines should be followed (Refer to Appendix A: Isolation and Quarantine Guidelines). A positive COVID-19 student who meets the criteria to exit isolation early will submit a **Positive COVID-19 Student Attestation Form** to the school attendance office prior to returning to school after Day 5 from symptom onset or positive test collection, whichever comes first (Refer to Appendix B: Positive COVID-19 Student Attestation Form to Return to School). A **Positive COVID-19 Student Attestation Form** is not required to return to school after Day 10 if symptom(s) are improving and fever free, without the use of fever reducing medication.

Continuity of Services

Students and staff will be provided a continuity of services to continue to support full time, in-person learning.

English Learners

English Learners (EL) receive support through the Structured English Immersion (SEI) program. SEI is a language acquisition program for EL students in which nearly all classroom instruction is provided in English. Through this program, EL students receive both, Designated ELD (DELD) and Integrated ELD instruction. DELD is protected time during the regular school day when teachers focus on language skills. DELD occurs daily for a minimum of 30 minutes. Integrated ELD focuses on content with language support. EL students identified as learning disabled will be placed according to their IEP.

Students with Disability

The Special Education Department will support the full implementation of the IEP for every student who receives Special Education Services. The Special Education Department will work collaboratively with Health Services, as needed, when there is a medical concern. The continuity of services and supports will be provided through the IEP for students to access their education. The school site IEP team will hold IEP meetings as services or accommodations need to be adjusted for a student's individual needs as appropriate.

Social/Emotional/Mental Health for Students

The district has partnered with Care Solace to provide a referral resource for families seeking mental health providers. Care Solace matches the needs of the family or student with a local provider that accepts insurance and sliding scale options. This service provides families with the option to seek mental health supports in a confidential manner.

Social emotional support and services are provided for students from grades K-12 through the Multi-tiered System of Support for Behavior (MTSS-B) program. Teachers (K-8) support the social emotional growth of students through weekly Second Step lessons that focus on Growth Mindset and Goal Setting, Emotional Management, Empathy and Kindness, and Problem Solving. Universal screenings are conducted two times per year for all grades K-6 students to assist in early identification of students with internalized and externalized social emotional needs. Intervention counselors for grades K-8 focus on direct instruction of coping skills for every classroom for the first 6 weeks of school.

Students presenting with more intensive needs are referred for small group or individual counseling services to address their unique needs by teachers, parents/guardians, school staff, and by self-referral. Students receiving small group and individualized services in Tier 2 and Tier 3 of the MTSS-B program receive progress monitoring throughout the 8–10-week intervention to assist the team in determining the effectiveness of the intervention. High school classroom lessons include topics such as the stages of grief and loss, staying motivated, and managing stress and anxiety. Students in grades K-12 requiring more intensive Tier 3 services are referred to a variety of intensive support programs that include CVUSD Behavioral Health Center, the Behavior Intervention Program, Chino Human Services, and Chances for Change.

Special Education's Behavior Intervention Program (BIP) team will work collaboratively with Health Services to provide a continuum of support for all students. Special Education will support crisis intervention needs on campus following the current CVUSD adopted procedures and protocols. Students with Special Education services will continue with the continuity of services provided through the IEP. IEP meetings can be held to address individual student's Social/Emotional/Mental Health needs with adjustment to services and/or accommodations as needed for students to access their education.

Social/Emotional/Mental Health for Staff

CVUSD employees have access to the Employee Assistance Program (EAP) resources, which provide a variety of services to address the social, emotional, and mental health needs of the staff. The program is free of charge and confidential counseling services are available 24 hours a day, 7 days a week by calling 888-625-4809. All services provided are confidential.

Another option for a free social, emotional, and mental health resource for CVUSD employees is through San Bernardino County, Behavioral Health (SBCBH). Employees can speak with a specially trained staff member with the SBCBH who will listen and provide the employee with support and behavioral health resources.

These resources are confidential, free of charge, and available daily from 7 a.m. to 10 p.m. by calling 909-421-9233 • 909-458-1517 • 760-956-2345, or via text message at 909-420-0560 909-535-1316 • 760-734-8093.

Information on SBCBH resource can be found at this link: <https://wp.sbcounty.gov/dbh/wp-content/uploads/2020/03/Feeling-worried-over-the-coronavirus.pdf>

Nutrition

A successful nutrition program is a key component to the CVUSD educational environment. Nutritious school meals protect the most vulnerable children against hunger while boosting learning and helping students grow academically.

For the 2022/2023 school year, Nutrition Services will offer school meals at no cost to all students regardless of meal eligibility. Breakfast meals will be offered in-person at all participating sites for 30 minutes before school instruction. Lunch meals will be offered in-person to students during their designated lunch period. All meals will continue to be served with safety as a priority for CVUSD students and staff consistent with school operational

guidelines for food service and school meals. Current sanitation practices will be more frequent and will include surfaces frequently touched by students.

Classroom or School Closure Determination

Classroom or school closure will be handled in consultation with SBCDPH following given CDPH criteria at the time of recommended closure. Communication to families and staff will provide information with the process and information for the continuity of services.

Coordination with State and Local Health Officials

CVUSD adheres to all current prevention and mitigation strategies outlined for schools. There is collaboration with State and local health departments when investigating cases and exposures to COVID-19.

Appendix A

COVID-19 Isolation and Quarantine Guidelines for Students

COVID-19 Positive ISOLATION

Everyone who tests positive for COVID-19, regardless of previous infection or lack of symptoms.

COVID Response

1. [Stay home](#) for at least 5 days after your symptoms start (or after your first positive test date if no symptoms)
 - Isolation ends on day 5 if symptoms are not present or are improving **and** a diagnostic specimen* collected on day 5 or later tests negative and **NO FEVER**
 - If unable to test or choosing not to test, and symptoms are not present or are improving and **NO FEVER**, isolation ends after day 10; return to school on day 11
 - If fever is present, isolation should be continued until 24 hours after fever resolves
 - If symptoms, other than fever, are not improving, continue to isolate until symptoms are improving or until after day 10
2. Student to submit **Positive COVID-19 Student Attestation Form** to school/attendance office prior to returning to school if exiting isolation prior to Day 11. An attestation form is not required to return to school after Day 10 if symptom(s) improving and fever free, without the use of fever reducing medication.

*Antigen test preferred, but any approved/authorized tests are acceptable

NOTE:

- Day 1 is the day after symptoms start or after the first date of your first positive test if asymptomatic (you never had symptoms)
- Taste and Smell do not need to improve for return to school
- Absences during isolation will be excused.

*CDPH Update 6.30.22

School Exposures to Positive COVID-19 Case Group Tracing Approach

Group Tracing Approach: Groups of students who spent more than 15 minutes (within a 24-hour period) in a shared indoor airspace (e.g., classroom, gym) with someone who has COVID-19, regardless of previous COVID-19 disease.

COVID Response

1. All exposed students continue to attend school and participate in all extracurricular activities as long as they remain symptom free. Per CDPH, it is recommended that a mask is worn for a total of 10 days, especially when in an indoor setting.
2. Send **COVID-19 Group Exposure** notifications to all exposed groups who shared an indoor space with a COVID-19 positive case for more than 15 minutes.
 - Notification 1: **COVID 19 Group Exposure Notification** to all exposed groups who shared an **indoor** airspace with COVID-19 positive case
3. All indoor exposed group(s) are recommended to test with at least one diagnostic test within 3-5 days after exposure [no tracking or follow up needed]
4. If any exposed student is reported to be positive for COVID-19, follow *COVID-19 Positive Isolation* protocol and notify the school as soon as possible.

NOTE:

- The **Positive COVID-19 Student Attestation Form** is **NOT** used for students exposed to a positive COVID-19 case.

*CDPH Update 6.30.22

Outside of School Exposures to Positive COVID-19 Case
Within 6 feet of a COVID-19 case for a cumulative total
of 15 minutes or more within 24 hours

<p>Persons infected within the prior 90 days do not need to be tested, quarantined, or excluded from activities unless symptoms develop.</p>	<p>Recommended Actions</p> <ol style="list-style-type: none"> 1. Continue to attend school and participate in all extracurricular activities as long as they remain symptom free 2. Test within 3-5 days after last exposure. If testing positive, follow COVID-19 Positive Isolation protocol above 3. Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings and when near those at higher risk of severe COVID-19 4. Strongly encouraged to get vaccinated or boosted 5. If symptoms develop, test, and stay home for 5 days from the date of symptom onset and follow <i>COVID-19 Positive Isolation</i> protocol
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NOTE:

- The **Positive COVID-19 Student Attestation Form** is **NOT** used for students exposed to a positive COVID-19 case.
- Absences during quarantine will be excused.

*CDPH Guidance for Local Health Jurisdictions on Isolation and Quarantine of the General Public 6.9.22

Outside of School Exposures to Positive COVID-19 Case
Within 6 feet of a COVID-19 case for a cumulative total of 15 minutes or more
within 24 hours

<p>Persons infected within the prior 90 days do not need to be tested, quarantined, or excluded from activities unless symptoms develop.</p>	<p>Recommended Actions</p> <ol style="list-style-type: none"> 1. Continue to attend school and participate in all extracurricular activities as long as symptom free and mask can be worn indoors 2. Test within 3-5 days after last exposure <ol style="list-style-type: none"> a. If testing positive, follow <i>COVID-19 Positive Isolation</i> protocol 3. Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings and when near those at higher risk of severe COVID-19 4. Strongly encouraged to get vaccinated or boosted 5. If symptoms develop, test, and stay home and follow <i>COVID-19 Positive Isolation</i> protocol
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NOTE:

- The **Positive COVID-19 Student Attestation Form** is **NOT** used for exposures, unless student is reported positive
- Absences during quarantine will be excused.

*CDPH Update 1.12.22

COVID-19 Isolation and Quarantine Guidelines for Staff

Exclusion Requirements for Employees Who Test Positive for COVID-19 (Cal/OSHA)	
Requirements apply to all employees, regardless of previous infection or lack of symptoms	<ul style="list-style-type: none"> • <u>Employees who test positive for COVID-19 must be excluded from the workplace for at least 5 days after the start of symptoms or after date of first positive test if no symptoms.</u> • Isolation can end and employees may return to the workplace after day 5 if symptoms are not present or are resolving, and a diagnostic specimen (antigen test preferred) is collected on day 5 or later tests negative. • If an employee's test on day 5 (or later) is positive, isolation can end, and the employee may return to the workplace after day 10 if they are fever free for 24 hours without the use of fever-reducing medications. • If an employee is unable to or choosing not to test, isolation can end, and the employee may return to the workplace after day 10 if they are fever free for 24 hours without the use of fever-reducing medications. • If an employee has a fever, isolation must continue, and the employee may not return to work until 24 hours after the fever resolves without the use of fever-reducing medications. • If an employee's symptoms other than fever are not resolving, they may not return to work until their symptoms are resolving or until after day 10. • Employees must wear face coverings around others for a total of 10 days.

Close Contacts – Employees Who Are Exposed to Someone with COVID-19	
For employees who are asymptomatic .	<ul style="list-style-type: none"> • <u>Exposed employees must test within three to five days after their last close contact. Persons infected within the prior 90 days do not need to be tested unless symptoms develop.</u> • Employees must wear face coverings around others for a total of 10 days after exposure. • If an exposed employee tests positive for COVID-19, they must follow isolation requirements listed in the above table.
For employees who are symptomatic .	<ul style="list-style-type: none"> • <u>Symptomatic employees must be excluded and test as soon as possible. Exclusion must continue until test results are obtained.</u> • If the employee is unable to test or choosing not to test, exclusion must continue for 10 days. • If the employee tests negative and returns to work earlier than 10 days after the close contact, the employee must wear a face covering around others for 10 days following the close contact. • CDPH recommends continuing exclusion and retesting in 1-2 days if testing negative with an antigen test, particularly if tested during the first 1-2 days of symptoms. • For symptomatic employees who have tested positive within the previous 90 days, using an antigen test is preferred.

*CAL/OSHA update 5.6.22

*The charts above reflects the CDPH isolation and quarantine periods from April 6, 2022, and the third re-adoption of the Cal/OSHA COVID-19 Prevention Emergency Regulation effective May 6, 2022.

Appendix B

Positive COVID-19 Student Attestation Form to Return to School

[POSITIVE COVID-19 STUDENT ATTESTATION FORM - English](#)

[POSITIVE COVID-19 STUDENT ATTESTATION FORM - Spanish](#)

[POSITIVE COVID-19 STUDENT ATTESTATION FORM - Mandarin](#)