



# Second Step Pacing Calendar

## -DIGITAL CURRICULUM -

### TRADITIONAL KINDERGARTEN

2021-2022



L: Lesson, BPU: Bullying Prevention Unit

School Week:	1	2	3	4	5	6	7	8	9	10	11
Unit/ Lesson	PBIS Kick-Off Teach school wide and classroom behavioral expectations	<b>Unit 1 L1</b>	<b>Unit 1 L2</b>	<b>Unit 1 L3</b>	<b>Unit 1 L4</b>	<b>Unit 1 L5 Performance Task</b>	<b>Skill Review</b>	<b>Unit 2 L6</b>	<b>Unit 2 L7</b>	<b>Unit 2 L8</b>	<b>Unit 2 L9</b>
Lesson Title		We Watch, We Listen, We Think	Why We Pay Attention	Mistakes Are Okay!	Practice Makes Better	Let's Practice and Learn!	Review Activity	Sometimes We Feel Happy	Sometimes We Feel Sad	Sometimes We Feel Mad	We Can Feel Calm
School Week:	12	13	14	15	16	17	18	19	20	21	22
Unit/ Lesson	<b>Unit 2 L10 Performance Task</b>	<b>Unit 2 Skill Review</b>	<b>Skill Review</b>	<b>Unit 3 L11</b>	<b>Thanksgiving Break</b>	<b>Unit 3 L12</b>	<b>Unit 3 L13</b>	<b>Unit 3 L14</b>	<b>Unit 3 L15 Performance Task</b>	<b>Christmas Break</b>	
Lesson Title	What Are They Feeling?	Review Activity	Review Activity	We Can Be Kind		Why Kindness?	Showing Kindness	Kindness at School	Demonstrating Kindness		
School Week:	23	24	25	26	27	28	29	30	31	32	
Unit/ Lesson	<b>BPU L 1</b>	<b>BPU L 2</b>	<b>BPU L 3</b>	<b>BPU L 4</b>	<b>Unit 4 L 16</b>	<b>Unit 4 L 17</b>	<b>Unit 4 L 18</b>	<b>Unit 4 L 19</b>	<b>Unit 4 L 20 Performance Task</b>	<b>Skill Review</b>	
Lesson Title	Recognizing Bullying	Reporting Bullying	Refusing Bullying	Bystander Power	We Can Say the Problem	Ready to Solve Problems	Apologizing Can Help	Taking Turns and Sharing	We Can Solve Problems	Review Activity	

#### Considerations

**Oct. 4<sup>th</sup>-8<sup>th</sup>-** National Bullying Prevention Month  
**September 1<sup>st</sup>-30<sup>th</sup>-** National Suicide Prevention Month  
**Feb 9-15<sup>th</sup>-** National Random Acts of Kindness Week  
**May 1<sup>st</sup>- May 31<sup>st</sup>-** Mental Health Awareness Month



# Second Step Pacing Calendar

## -DIGITAL CURRICULUM -

TRADITIONAL

1<sup>st</sup> Grade

2021-2022



L: Lesson, BPU: Bullying Prevention Unit

School Week:	1	2	3	4	5	6	7	8	9	10	11
Unit/ Lesson	PBIS Kick-Off Teach school wide and classroom behavioral expectations	Unit 1 L1	Unit 1 L2	Unit 1 L3	Unit 1 L4	Unit 1 L5 Performance Task	Skill Review	Unit 2 L6	Unit 2 L7	Unit 2 L8	Unit 2 L9 Performance Task
Lesson Title		Time to Pay Attention	Everyone Gets Distracted	You Did It!	Helpful Thoughts	We Can Do It!	Review Activities	Noticing Feelings	Sometimes We Feel Worried	Feeling Calm	Feeling Frustrated
School Week:	12	13	14	15	16	17	18	19	20	21	22
Unit/ Lesson	Unit 2 L10	Unit 2 Skill Review	Skill Review	Unit 3 L11	Thanksgiving Break	Unit 3 L12	Unit 3 L13	Unit 3 L14	Unit 3 L15 Performance Task	Christmas Break	
Lesson Title	Noticing Clues	Review Activity	Review Activity	The Power of Kind Acts		Ways to Be Kind	Offering Kind Acts	Practicing Kind Acts	Demonstrating Kind Acts		
School Week:	23	24	25	26	27	28	29	30	31	32	
Unit/ Lesson	BPU L 1	BPU L 2	BPU L 3	BPU L 4	Unit 4 L 16	Unit 4 L 17	Unit 4 L 18	Unit 4 L 19	Unit 4 L 20 Performance Task	Skill Review	
Lesson Title	Recognizing Bullying	Reporting Bullying	Refusing Bullying	Bystander Power	How to Say the Problem	Was It an Accident?	Ask for What You Need	We Can Make it Better	Solving Problems	Review Activity	

### Considerations

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 May 1<sup>st</sup>- May 31<sup>st</sup>- Mental Health Awareness Month



# Second Step Pacing Calendar

## -DIGITAL CURRICULUM -

TRADITIONAL

2<sup>nd</sup> Grade

2021-2022



L: Lesson, BPU: Bullying Prevention Unit

School Week:	1	2	3	4	5	6	7	8	9	10	11
Unit/ Lesson	<b>PBIS Kick-Off</b> Teach school wide and classroom behavioral expectations	<b>Unit 1 L1</b>	<b>Unit 1 L2</b>	<b>Unit 1 L3</b>	<b>Unit 1 L4</b>	<b>Unit 1 L5 Performance Task</b>	<b>Skill Review</b>	<b>Unit 2 L6</b>	<b>Unit 2 L7</b>	<b>Unit 2 L8</b>	<b>Unit 2 L9</b>
Lesson Title		How to Get Good at Something	What Mistakes Tell Us	Helpful and Unhelpful Thoughts	We Can Change Our Thoughts	Learn and Get Better	Review Activities	Feeling Proud	Feeling Disappointed	Help Yourself Feel Better	Different Feelings
School Week:	12	13	14	15	16	17	18	19	20	21	22
Unit/ Lesson	<b>Unit 2 L10 Performance Task</b>	<b>Unit 2 Skill Review</b>	<b>Skill Review</b>	<b>Unit 3 L11</b>	<b>Thanksgiving Break</b>	<b>Unit 3 L12</b>	<b>Unit 3 L13</b>	<b>Unit 3 L14</b>	<b>Unit 3 L15 Performance Task</b>	<b>Christmas Break</b>	
Lesson Title	How Do You Feel?	Review Activity	Review Activity	What's Empathy?		Empathy in Action	Having Empathy	Empathy at School	Empathy and Kindness		
School Week:	23	24	25	26	27	28	29	30	31	32	
Unit/ Lesson	<b>BPU L 1</b>	<b>BPU L 2</b>	<b>BPU L 3</b>	<b>BPU L 4</b>	<b>Unit 4 L 16</b>	<b>Unit 4 L 17</b>	<b>Unit 4 L 18</b>	<b>Unit 4 L 19</b>	<b>Unit 4 L 20 Performance Task</b>	<b>Skill Review</b>	
Lesson Title	Recognizing Bullying	Reporting Bullying	Refusing Bullying	Bystander Power	They Way to Say a Problem	Thinking of Solutions	Which Solution?	What Would I Want?	Be a Problem-Solver	Review Activity	

### Considerations

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# Second Step Pacing Calendar

## -DIGITAL CURRICULUM -

TRADITIONAL

3<sup>rd</sup> Grade

2021-2022



L: Lesson, BPU: Bullying Prevention Unit

School Week:	1	2	3	4	5	6	7	8	9	10	11
Unit/ Lesson	<b>PBIS Kick-Off</b> Teach school wide and classroom behavioral expectations	<b>Unit 1 L1</b>	<b>Unit 1 L2</b>	<b>Unit 1 L3</b>	<b>Unit 1 L4</b>	<b>Unit 1 L5 Performance Task</b>	<b>Skill Review</b>	<b>Unit 2 L6</b>	<b>Unit 2 L7</b>	<b>Unit 2 L8</b>	<b>Unit 2 L9</b>
Lesson Title		Changing Your Brain	Getting Better with Practice	More Than Practice	Planning for Practice	Make a Practice Plan	Review Activity	Why Emotions?	How Angry?	Take a Break	How Happy?
School Week:	12	13	14	15	16	17	18	19	20	21	22
Unit/ Lesson	<b>Unit 2 L10 Performance Task</b>	<b>Unit 2 Skill Review</b>	<b>Skill Review</b>	<b>Unit 3 L11</b>	<b>Thanksgiving Break</b>	<b>Unit 3 L12</b>	<b>Unit 3 L13</b>	<b>Unit 3 L14</b>	<b>Unit 3 L15 Performance Task</b>	<b>Christmas Break</b>	
Lesson Title	Strength of Feelings	Review Activity	Review Activity	Kindness and Friendship		Building a Friendship	My Kind of Kindness	Asking Questions	Do Something Kind		
School Week:	23	24	25	26	27	28	29	30	31	32	
Unit/ Lesson	<b>BPU L 1</b>	<b>BPU L 2</b>	<b>BPU L 3</b>	<b>BPU L 4</b>	<b>Unit 4 L 16</b>	<b>Unit 4 L 17</b>	<b>Unit 4 L 18</b>	<b>Unit 4 L 19</b>	<b>Unit 4 L 20 Performance Task</b>	<b>Skill Review</b>	
Lesson Title	Recognizing Bullying	Reporting Bullying	Refusing Bullying	Bystander Power	STEP by Step	S: Say the Problem	T: Think and E: Explore	P: Pick a Solution	Solving a Problem	Review Activity	

### Considerations

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# Second Step Pacing Calendar

## -DIGITAL CURRICULUM -

TRADITIONAL

2021-2022



4<sup>th</sup> Grade

L: Lesson, BPU: Bullying Prevention Unit

School Week:	1	2	3	4	5	6	7	8	9	10	11
Unit/ Lesson	<b>PBIS Kick-Off</b> Teach school wide and classroom behavioral expectations	<b>Unit 1 L1</b>	<b>Unit 1 L2</b>	<b>Unit 1 L3</b>	<b>Unit 1 L4</b>	<b>Unit 1 L5 Performance Task</b>	<b>Skill Review</b>	<b>Unit 2 L6</b>	<b>Unit 2 L7</b>	<b>Unit 2 L8</b>	<b>Unit 2 L9</b>
Lesson Title		Setting a Good Goal	Making a Plan	Checking Our Progress	Reflecting On Our Journey	Ready, Set, Goal!	Review Activity	The Balanced Brain	What is Rethinking?	How to Rethink	Take Another Look
School Week:	12	13	14	15	16	17	18	19	20	21	22
Unit/ Lesson	<b>Unit 2 L10 Performance Task</b>	<b>Unit 2 Skill Review</b>	<b>Skill Review</b>	<b>Unit 3 L11</b>	<b>Thanksgiving Break</b>	<b>Unit 3 L12</b>	<b>Unit 3 L13</b>	<b>Unit 3 L14</b>	<b>Unit 3 L15 Performance Task</b>	<b>Christmas Break</b>	
Lesson Title	Rethink It!	Review Activity	Review Activity	The Same, But Different		Ask, Listen, Learn	Seeing It Differently	Changing Your Mind	A New Point of View		
School Week:	23	24	25	26	27	28	29	30	31	32	
Unit/ Lesson	<b>BPU L 1</b>	<b>BPU L 2</b>	<b>BPU L 3</b>	<b>BPU L 4</b>	<b>Unit 4 L 16</b>	<b>Unit 4 L 17</b>	<b>Unit 4 L 18</b>	<b>Unit 4 L 19</b>	<b>Unit 4 L 20 Performance Task</b>	<b>Skill Review</b>	
Lesson Title	Recognize, Report, Refuse	Bystander Power	Bystander Responsibility	Bystanders to Cyber Bullying	A Good Problem-Solver	Saying It Respectfully	Exploring Outcomes	A Good Solution	STEP Into Problem-Solving	Review Activity	

### Considerations

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# Second Step Pacing Calendar

-DIGITAL CURRICULUM -

TRADITIONAL

5<sup>th</sup> Grade

2021-2022



L: Lesson, BPU: Bullying Prevention Unit

School Week:	1	2	3	4	5	6	7	8	9	10	11
Unit/ Lesson	<b>PBIS Kick-Off</b> Teach school wide and classroom behavioral expectations	<b>Unit 1 L1</b>	<b>Unit 1 L2</b>	<b>Unit 1 L3</b>	<b>Unit 1 L4</b>	<b>Unit 1 L5 Performance Task</b>	<b>Skill Review</b>	<b>Unit 2 L6</b>	<b>Unit 2 L7</b>	<b>Unit 2 L8</b>	<b>Unit 2 L9</b>
Lesson Title		The Right Goal for Me	My Plan	Changing My Plan	Time to Reflect	My 10-Minute Goal	Review Activity	Strong Emotions	What Is Stress?	Planning for Change	What Can I Change?
School Week:	12	13	14	15	16	17	18	19	20	21	22
Unit/ Lesson	<b>Unit 2 L10 Performance Task</b>	<b>Unit 2 Skill Review</b>	<b>Skill Review</b>	<b>Unit 3 L11</b>	<b>Thanksgiving Break</b>	<b>Unit 3 L12</b>	<b>Unit 3 L13</b>	<b>Unit 3 L14</b>	<b>Unit 3 L15 Performance Task</b>	<b>Christmas Break</b>	
Lesson Title	Making a Change	Review Activity	Review Activity	Empathy in the Community		What's the Problem?	A Different Point of View	Community Solutions	Your Solution		
School Week:	23	24	25	26	27	28	29	30	31	32	
Unit/ Lesson	<b>BPU L 1</b>	<b>BPU L 2</b>	<b>BPU L 3</b>	<b>BPU L 4</b>	<b>Unit 4 L 16</b>	<b>Unit 4 L 17</b>	<b>Unit 4 L 18</b>	<b>Unit 4 L 19</b>	<b>Unit 4 L 20 Performance Task</b>	<b>Skill Review</b>	
Lesson Title	Recognize, Report, Refuse	Bystander Power	Bystander Responsibility	Bystanders to Cyber Bullying	Beginning to STEP	When? Where? Who?	Solutions Web	Let's Refelct	Putting It All Together	Review Activity	

### Considerations

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# Second Step Pacing Calendar

## -DIGITAL CURRICULUM -

### 6<sup>th</sup> Grade

TRADITIONAL

**2021-2022**



L: Lesson, BPU: Bullying Prevention Unit

School Week:	1	2	3	4	5	6	7	8	9	10	11
<b>Unit/ Lesson</b>	PBIS Kick-Off Teach school wide and classroom behavioral expectations	<b>Unit 1 L1</b>	<b>Unit 1 L2</b>	<b>Unit 1 L3</b>	<b>Unit 1 L4</b>	<b>Unit 1 L5</b>	<b>Unit 2 L6</b>	<b>Unit 1 L 7 Performance Task</b>	<b>Unit 2 L 8 BPU</b>	<b>Unit 2 L 9 BPU</b>	<b>Unit 2 L10 BPU</b>
<b>Lesson Title</b>		Helping New Students	How to Grow Your Brain	Trying New Strategies	Making Goals Specific	Breaking Down Your Goals	Monitoring Your Progress	Bringing It All Together	Common Types of Bullying	Recognizing Bullying	Responding to Cyberbullying
School Week:	12	13	14	15	16	17	18	19	20	21	22
<b>Unit/ Lesson</b>	<b>Unit 2 L 11 BPU</b>	<b>Unit 2 L 12 BPU</b>	<b>Unit 2 L 13 Performance Task</b>	<b>Skill Review</b>	<b>Thanksgiving Break</b>	<b>Unit 3 L 14</b>	<b>Unit 3 L 15</b>	<b>Unit 3 L 16</b>	<b>Unit 3 L 17</b>	<b>Christmas Break</b>	
<b>Lesson Title</b>	How to Be an Upstander	Standing Up and Staying Safe	Raising Awareness About Bullying	Review Activity		What Emotions Tell You	Emotions and Your Brain	How Emotions Affect Your Decisions	Managing Your Emotions		
School Week:	23	24	25	26	27	28	29	30	31		
<b>Unit/ Lesson</b>	<b>Unit 3 L 18</b>	<b>Unit 3 L 19 Performance Task</b>	<b>Unit 4 L20</b>	<b>Unit 4 L 21</b>	<b>Unit 4 L 22</b>	<b>Unit 4 L 23</b>	<b>Unit 4 L 24</b>	<b>Unit 4 L 25</b>	<b>Unit 4 L 26 Performance Task</b>		
<b>Lesson Title</b>	What Works Best for You?	Raising Awareness About Managing Emotions	We're Changing	Why Conflicts Escalate	Considering Multiple Perspectives	Respectful Communication	Resolving Challenging Conflicts	Making Amends	Conflict Resolvers		

**Considerations**

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# Second Step Pacing Calendar

## -DIGITAL CURRICULUM -

2021-2022

7<sup>th</sup> Grade



School Week:	1	2	3	4	5	6	7	8	9	10	11
Unit/ Lesson	PBIS Kick-Off Teach school wide and classroom behavioral expectations	Unit 1 L1	Unit 1 L2	Unit 1 L3	Unit 1 L4	Unit 1 L5	Unit 2 L6	Unit 1 L7 Performance Task	Unit 2 L8 BPU	Unit 2 L9 BPU	Unit 2 L10 BPU
Lesson Title		Starting Middle School	Creating New Pathways in Your Brain	Learning from Mistakes and Failure	Identifying Roadblocks	Overcoming Roadblocks 1	Overcoming Roadblocks 2	Advice on Roadblocks	What is Harassment?	What is Sexual Harassment?	The Effects of Sexual Harassment
School Week:	12	13	14	15	16	17	18	19	20	21	22
Unit/ Lesson	Unit 2 L11 BPU	Unit 2 L12 BPU	Unit 2 L13 Performance Task	Skill Review	Thanksgiving Break	Unit 3 L14	Unit 3 L15	Unit 3 L16	Unit 3 L17	Christmas Break	
Lesson Title	Gender-Based Harassment	Our Rights and Responsibilities	Preventing Harassment	Review Activity		Emotions Matter	Feel, Think, Do	Unhelpful Thoughts	Reframing Unhelpful Thoughts		
School Week:	23	24	25	26	27	28	29	30	31		
Unit/ Lesson	Unit 3 L18	Unit 3 L19 Performance Task	Unit 4 L20	Unit 4 L21	Unit 4 L22	Unit 4 L23	Unit 4 L24	Unit 4 L25	Unit 4 L26 Performance Task		
Lesson Title	Practicing Positive Self-Talk	Making Better Decisions	What Makes a Conflict Escalate?	Keeping Your Cool in a Conflict	Conflicts and Perspectives	Resolving Conflict Part 1	Resolving Conflict Part 2	Taking Responsibility for Your Actions	Tips for Resolving Conflicts		

### Considerations

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# Second Step Pacing Calendar

## -DIGITAL CURRICULUM -

### 8<sup>th</sup> Grade

2021-2022



L: Lesson, BPU: Bullying Prevention Unit

Week:	1	2	3	4	5	6	7	8	9	10	11
Unit/ Lesson	PBIS Kick-Off Teach school wide and classroom behavioral expectations	<b>Unit 1 L1</b>	<b>Unit 1 L2</b>	<b>Unit 1 L3</b>	<b>Unit 1 L4</b>	<b>Unit 1 L5</b>	<b>Unit 2 L6</b>	<b>Unit 1 L7 Performance Task</b>	<b>Unit 2 L8 BPU</b>	<b>Unit 2 L9 BPU</b>	<b>Unit 2 L10 BPU</b>
Lesson Title		Welcome!	Who Am I? My Identity	My Interest and Strengths	Harnessing My Strengths	Pursuing My Interests	My Future Self	My Path Forward	Understanding Bullying	Social Factors that Contribute to Bullying	Environmental Factors that Contribute to Bullying
Week:	12	13	14	15	16	17	18	19	20	21	22
Unit/ Lesson	<b>Unit 2 L11 BPU</b>	<b>Unit 2 L12 BPU</b>	<b>Unit 2 L13 Performance Task</b>	<b>Skill Review</b>	<b>Thanksgiving Break</b>	<b>Unit 3 L14</b>	<b>Unit 3 L15</b>	<b>Unit 3 L16</b>	<b>Unit 3 L17</b>	<b>Christmas Break</b>	
Lesson Title	Speak Up and Start a Movement	Be Inclusive and Change Policies	Stand Up for a Change!	Review Activity		Understanding Stress and Anxiety	Where Does Stress Come From?	Can Stress Help You Grow?	Strategies for Managing Stress		
Week:	23	24	25	26	27	28	29	30	31		
Unit/ Lesson	<b>Unit 3 L18</b>	<b>Unit 3 L19 Performance Task</b>	<b>Unit 4 L20</b>	<b>Unit 4 L21</b>	<b>Unit 4 L22</b>	<b>Unit 4 L23</b>	<b>Unit 4 L24</b>	<b>Unit 4 L25</b>	<b>Unit 4 L26 Performance Task</b>		
Lesson Title	Changing Strategies and Getting Help	My Stress-Management Plan	My Values	Values and Relationships	Recognizing Others' Perspectives	Finding the Best Solution	Making Things Right	Unhealthy Relationships	Guide to Healthy Relationships		

#### Considerations

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