



# Second Step Pacing Calendar PAPER CURRICULUM

TRADITIONAL

KINDERGARTEN

2021-2022



L Lesson, BPU: Bullying Prevention Unit

School Week:	1	2	3	4	5	6	7	8	9	10	11
Unit/ Lesson	PBIS Kick-Off Teach school wide and classroom behavioral expectations	Unit 1 L1	Unit 1 L2	Unit 1 L3	Unit 1 L4	Unit 1 L5	Skill Review	Unit 2 L6	Unit 2 L7	Unit 2 L8	Unit 2 L9
Lesson Title		Learning to Listen	Focusing Attention	Following Directions	Self-Talk for Staying on Task	Being Assertive	Review Activity	Feelings	More Feelings	Identifying Anger	Same or Different?
School Week:	12	13	14	15	16	17	18	19	20	21	22
Unit/ Lesson	Unit 2 L10	Unit 2 L11	Skill Review	Unit 3 L12	Thanksgiving Break	Unit 3 L13	Unit 3 L14	Unit 3 L15	Unit 3 L16	Christmas Break	
Lesson Title	Accidents	Caring and Helping	Review Activity	We Feel Feelings in our Bodies		Managing Frustration	Calming Down Strong Feelings	Handling Waiting	Managing Anger		
School Week:	23	24	25	26	27	28	29	30	31	32	34
Unit/ Lesson	Unit 3 L17	Unit 3 L18	Skill Review	Unit 4 L19	Unit 4 L20	Unit 4 L21	Unit 4 L22	Unit 4 L23	Unit 4 L24	Unit 4 L25	BPU L 1
Lesson Title	Managing Disappointment	Handling Being Knocked Down	Review Activity	Solving Problems	Inviting to Play	Fair Ways to Play	Having Fun with Our Friends	Handling Having Things Taken Away	Handling Name Calling	Reviewing Second step Skills	Recognizing Bullying
School Week:	35	36	37 Considerations								
Unit/ Lesson	BPU L 2	BPU L 3	BPU L 4	Oct. 4 <sup>th</sup> -8 <sup>th</sup> - National Bullying Prevention Month September 1 <sup>st</sup> -30 <sup>th</sup> - National Suicide Prevention Month Feb 9-15 <sup>th</sup> - National Random Acts of Kindness Week May 1 <sup>st</sup> - May 31 <sup>st</sup> - Mental Health Awareness Month							
Lesson Title	Reporting Bullying	Refusing Bullying	Bystander Power								



# Second Step Pacing Calendar

## PAPER CURRICULUM

TRADITIONAL

1<sup>st</sup> Grade

2021-2022



L: Lesson, BPU: Bullying Prevention Unit

School Week:	1	2	3	4	5	6	7	8	9	10	11
Unit/ Lesson	PBIS Kick-Off Teach school wide and classroom behavioral expectations	Unit 1 L1	Unit 1 L2	Unit 1 L3	Unit 1 L4	Unit 1 L5	Skill Review	Unit 2 L6	Unit 2 L7	Unit 2 L8	Unit 2 L9
Lesson Title		Listening To Learn	Focusing Attention	Following Directions	Self-Talk for Learning	Being Assertive	Review Activities	Identifying Feelings	Looking for More Clues	Similarities & Differences	Feelings Change
School Week:	12	13	14	15	16	17	18	19	20	21	22
Unit/ Lesson	Unit 2 L10	Unit 2 L11	Skill Review	Unit 3 L12	Thanksgiving Break	Unit 3 L13	Unit 3 L14	Unit 3 L15	Unit 3 L16	Christmas Break	
Lesson Title	Accidents	Showing Care & Concern	Review Activity	Identifying Our Own Feelings		Strong Feelings	Calming Down Anger	Self-Talk for Calming Down	Managing Worry		
School Week:	23	24	25	26	27	28	29	30	31	32	
Unit/ Lesson	Unit 4 L 17	Unit 4 L 18	Unit 4 L 19	Unit 4 L 20	Unit 4 L 21	Unit 4 L 22	BPU L 1	BPU L 2	BPU L 3	BPU L 4	
Lesson Title	Solving Problems 1	Solving Problems 2	Fair Ways to Play	Inviting to Join In	Handling Name Calling	Reviewing Second Step Skills	Recognizing Bullying	Reporting Bullying	Refusing Bullying	Bystander Power	

### Considerations

Oct. 4<sup>th</sup>-8<sup>th</sup>- National Bullying Prevention Month  
 September 1<sup>st</sup>-30<sup>th</sup>- National Suicide Prevention Month  
 Feb 9-15<sup>th</sup>- National Random Acts of Kindness Week  
 May 1<sup>st</sup>- May 31<sup>st</sup>- Mental Health Awareness Month



# Second Step Pacing Calendar

## PAPER CURRICULUM

TRADITIONAL

2<sup>nd</sup> Grade

2021-2022



L: Lesson, BPU: Bullying Prevention Unit

School Week:	1	2	3	4	5	6	7	8	9	10	11
Unit/ Lesson	<b>PBIS Kick-Off</b> Teach school wide and classroom behavioral expectations	<b>Unit 1 L1</b>	<b>Unit 1 L2</b>	<b>Unit 1 L3</b>	<b>Unit 1 L4</b>	<b>Skill Review</b>	<b>Unit 2 L5</b>	<b>Unit 2 L6</b>	<b>Unit 2 L7</b>	<b>Unit 2 L8</b>	<b>Unit 2 L9</b>
Lesson Title		Being Respectful	Focusing Attention & Listening	Using Self-Talk	Being Assertive	Review Activities	Identifying Feelings	Learning More About Feelings	Feeling Confident	Respecting Different Preferences	Showing Compassion
School Week:	12	13	14	15	16	17	18	19	20	21	22
Unit/ Lesson	<b>Unit 2 L10</b>	<b>Skill Review</b>	<b>BPU L 1</b>	<b>BPU L 2</b>	<b>Thanksgiving Break</b>	<b>BPU L 3</b>	<b>BPU L 4</b>	<b>Unit 3 L11</b>	<b>Unit 3 L12</b>	<b>Christmas Break</b>	
Lesson Title	Predicting Feelings	Review Activity	Recognizing Bullying	Reporting Bullying		Refusing Bullying	Bystander Power	Introducing Emotion Management	Managing Embarrassment		
School Week:	23	24	25	26	27	28	29	30	31	32	33
Unit/ Lesson	<b>Unit 3 L13</b>	<b>Unit 3 L14</b>	<b>Unit 3 L15</b>	<b>Unit 3 L 16</b>	<b>Skill Review</b>	<b>Unit 4 L17</b>	<b>Unit 4 L 18</b>	<b>Unit 4 L19</b>	<b>Unit 4 L 20</b>	<b>Unit 4 L21</b>	<b>Unit 4 L 22</b>
Lesson Title	Handling Making Mistakes	Managing Anxious Feelings	Managing Anger	Finishing Tasks	Review Activity	Solving Problems 1	Solving Problems 2	Taking Responsibility	Responding to Playground Exclusion	Playing Fairly on the Playground	Reviewing Second Step Skills

### Considerations

Oct. 4<sup>th</sup>-8<sup>th</sup>- National Bullying Prevention Month  
 September 1<sup>st</sup>-30<sup>th</sup>- National Suicide Prevention Month  
 Feb 9-15<sup>th</sup>- National Random Acts of Kindness Week  
 May 1<sup>st</sup>- May 31<sup>st</sup>- Mental Health Awareness Month



# Second Step Pacing Calendar

## PAPER CURRICULUM

TRADITIONAL

3<sup>rd</sup> Grade

2021-2022



L: Lesson, BPU: Bullying Prevention Unit

School Week:	1	2	3	4	5	6	7	8	9	10	11
Unit/ Lesson	PBIS Kick-Off Teach school wide and classroom behavioral expectations	Unit 1 L1	Unit 1 L2	Unit 1 L3	Unit 1 L4	Skill Review	Unit 2 L5	Unit 2 L6	Unit 2 L7	Unit 2 L8	Unit 2 L9
Lesson Title		Being Respectful Learners	Using Self-Talk	Being Assertive	Planning to Learn	Review Activity	Identifying Other's Feelings	Understanding Perspectives	Conflicting Feelings	Accepting Differences	Showing Compassion
School Week:	12	13	14	15	16	17	18	19	20	21	22
Unit/ Lesson	Unit 2 L10	BPU L 1	BPU L 2	BPU L 3	Thanksgiving Break	BPU L 4	Skill Review	Unit 3 L 11	Unit 3 L 12	Christmas Break	
Lesson Title	Making Friends	Recognizing Bullying	Reporting Bullying	Refusing Bullying		Bystander Power	Review Activity	Introducing Emotion Management	Managing Test Anxiety		
School Week:	23	24	25	26	27	28	29	30	31	32	33
Unit/ Lesson	Unit 3 L 13	Unit 3 L 14	Unit 3 L 15	Unit 3 L16	Skill Review	Unit 4 L 17	Unit 4 L 18	Unit 4 L19	Unit 4 L 20	Unit 4 L 21	Unit 4 L22
Lesson Title	Handling Accusations	Managing Disappointment	Managing Anger	Managing Hurt Feelings	Review Activity	Solving Problems 1	Solving Problems 2	Solving Classroom Problems	Solving Peer-Exclusion Problems	Dealing with Negative Peer Pressure	Reviewing Second Step Skills

### Considerations

Oct. 4<sup>th</sup>-8<sup>th</sup>- National Bullying Prevention Month  
 September 1<sup>st</sup>-30<sup>th</sup>- National Suicide Prevention Month  
 Feb 9-15<sup>th</sup>- National Random Acts of Kindness Week  
 May 1<sup>st</sup>- May 31<sup>st</sup>- Mental Health Awareness Month



# Second Step Pacing Calendar

## PAPER CURRICULUM

TRADITIONAL

4<sup>th</sup> Grade

2021-2022



L: Lesson, BPU: Bullying Prevention Unit

School Week:	1	2	3	4	5	6	7	8	9	10	11
Unit/ Lesson	PBIS Kick-Off Teach school wide and classroom behavioral expectations	Unit 1 L1	Unit 1 L2	Unit 1 L3	Unit 1 L4	Unit 1 L5	Unit 1 L 6	Unit 1 L7	Unit 1 L8	Unit 1 L9	Unit 1 Skill Review
Lesson Title		Empathy and Respect	Listening with Attention	Being Assertive	Respecting Similarities	Understanding Complex Feelings	Understanding Different Perspectives	Conversation and Compliments	Joining In	Showing Compassion	Review Activity
School Week:	12	13	14	15	16	17	18	19	20	21	22
Unit/ Lesson	Unit 2 L10	Unit 2 L 11	Unit 2 L 12	Unit 2 L 13	Thanksgiving Break	Unit 2 L 14	Unit 2 L 15	Unit 2 Skill Review	Skill Review	Christmas Break	
Lesson Title	Introducing Emotion	Managing Strong Feelings	Calming Down Anger	Managing Anxiety		Avoiding Jumping to Conclusions	Handling Put-Downs	Review Activity	Review Activity		
School Week:	23	24	25	26	27	28	29	30	31	32	33
Unit/ Lesson	BPU L 1	BPU L 2	BPU L 3	BPU L 4	Unit 3 L 16	Unit 3 L 17	Unit 3 L 18	Unit 3 L 19	Unit 3 L 20	Unit 3 L 21	Unit 3 L 22
Lesson Title	Recognize, Report, Refuse	Bystander Power	Bystander Responsibility	Bystanders to Cyber Bullying	Solving Problems 1	Solving Problems 2	Making a Plan	Solving Playground Problems	Taking Responsibility for Your Actions	Dealing with Peer Pressure	Reviewing Second Step Skills

### Considerations

Oct. 4<sup>th</sup>-8<sup>th</sup>- National Bullying Prevention Month  
 September 1<sup>st</sup>-30<sup>th</sup>- National Suicide Prevention Month  
 Feb 9-15<sup>th</sup>- National Random Acts of Kindness Week  
 May 1<sup>st</sup>- May 31<sup>st</sup>- Mental Health Awareness Month



**TRADITIONAL**

# Second Step Pacing Calendar PAPER CURRICULUM

**2021-2022**



**5<sup>th</sup> Grade**

L: Lesson, BPU: Bullying Prevention Unit

School Week:	1	2	3	4	5	6	7	8	9	10	11
Unit/ Lesson	PBIS Kick-Off Teach school wide and classroom behavioral expectations	<b>Unit 1 L1</b>	<b>Unit 1 L2</b>	<b>Unit 1 L3</b>	<b>Unit 1 L4</b>	<b>Unit 1 L5</b>	<b>Unit 1 L6</b>	<b>Unit 1 L7</b>	<b>Unit 1 L8</b>	<b>Skill Review</b>	<b>Unit 2 L9</b>
Lesson Title		Empathy & Respect	Listening with Attention	Being Assertive	Predicting Feelings	Taking Others' Perspectives	Accepting Differences	Disagreeing Respectfully	Responding with Compassion	Review Activity	Introducing Emotion Management
School Week:	12	13	14	15	16	17	18	19	20	21	22
Unit/ Lesson	<b>Unit 2 L10</b>	<b>Unit 2 L11</b>	<b>Unit 2 L12</b>	<b>Unit 2 L13</b>	<b>Thanksgiving Break</b>	<b>Unit 2 L14</b>	<b>Unit 2 L15</b>	<b>Skill Review</b>	<b>Skill Review</b>	<b>Christmas Break</b>	
Lesson Title	Calming Down	Managing Anxiety	Managing Frustration	Resisting Revenge		Handing Put-Downs	Avoiding Assumptions	Review Activity	Review Activity		
School Week:	23	24	25	26	27	28	29	30	31	32	33
Unit/ Lesson	<b>BPU L 1</b>	<b>BPU L 2</b>	<b>BPU L 3</b>	<b>BPU L 4</b>	<b>Unit 3 L 16</b>	<b>Unit 3 L 17</b>	<b>Unit 3 L 18</b>	<b>Unit 3 L 19</b>	<b>Unit 3 L 20</b>	<b>Unit 3 L 21</b>	<b>Unit 3 L 22</b>
Lesson Title	Recognize, Report, Refuse	Bystander Power	Bystander Responsibility	Bystanders to Cyber Bullying	Solving Problems 1	Solving Problems 2	Making a Plan	Seeking Help	Dealing with Gossip	Dealing with Peer Pressure	Reviewing Second Step Skills

**Considerations**

Oct. 4<sup>th</sup>-8<sup>th</sup>- National Bullying Prevention Month  
 September 1<sup>st</sup>-30<sup>th</sup>- National Suicide Prevention Month  
 Feb 9-15<sup>th</sup>- National Random Acts of Kindness Week  
 May 1<sup>st</sup>- May 31<sup>st</sup>- Mental Health Awareness Month

