



# CHINO VALLEY UNIFIED SCHOOL DISTRICT

Student Achievement \* Safe Schools \* Positive School Climate

## Family Resource List

<b>National Association of School Psychologists</b>	
Talking to Children About COVID-19 (Coronavirus): A Parent Resource	<a href="https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/talking-to-children-about-covid-19-(coronavirus)-a-parent-resource">https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/talking-to-children-about-covid-19-(coronavirus)-a-parent-resource</a>
Countering COVID-19 Stigma and Racism: Tips for Parents and Caregivers	<a href="https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/countering-covid-19-(coronavirus)-stigma-and-racism-tips-for-parents-and-caregivers">https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/countering-covid-19-(coronavirus)-stigma-and-racism-tips-for-parents-and-caregivers</a>
<b>California Association of School Psychologists</b>	
Coping with Stress During Infectious Disease Outbreaks	<a href="https://casponline.org/pdfs/publications/covid/SAMHSA%20Coping%20with%20Stress%20During%20Infectious%20Disease%20Outbreaks.pdf">https://casponline.org/pdfs/publications/covid/SAMHSA%20Coping%20with%20Stress%20During%20Infectious%20Disease%20Outbreaks.pdf</a>
Tips for Caregivers, Parents, and Teachers During Infectious Disease Outbreaks	<a href="https://casponline.org/pdfs/publications/covid/SAMHSA%20Talking%20with%20Children%20During%20Infectious%20Disease%20Outbreaks.pdf">https://casponline.org/pdfs/publications/covid/SAMHSA%20Talking%20with%20Children%20During%20Infectious%20Disease%20Outbreaks.pdf</a>
Handwashing and Hand Sanitizer Use at Home, at Play, and Out and About	<a href="https://casponline.org/pdfs/publications/covid/SAMHSA%20hand-sanitizer-factsheet.pdf">https://casponline.org/pdfs/publications/covid/SAMHSA%20hand-sanitizer-factsheet.pdf</a>
<b>Centers for Disease Control and Prevention</b>	
Checklist for Parents and Teachers	<a href="https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/checklist.html">https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/checklist.html</a>
COVID-19 Frequently Asked Questions	<a href="https://www.cdc.gov/coronavirus/2019-ncov/faq.html">https://www.cdc.gov/coronavirus/2019-ncov/faq.html</a>
<b>Additional Resources</b>	
Corona Virus Social Story	<a href="https://qrcgcustomers.s3-eu-west-1.amazonaws.com/account4876975/6563299_1.pdf?0.5533275349869042">https://qrcgcustomers.s3-eu-west-1.amazonaws.com/account4876975/6563299_1.pdf?0.5533275349869042</a>
Parent/Caregiver Guide to Helping Families Cope with the Coronavirus	<a href="https://www.nctsn.org/sites/default/files/resources/fact-sheet/outbreak_factsheet_1.pdf">https://www.nctsn.org/sites/default/files/resources/fact-sheet/outbreak_factsheet_1.pdf</a>
COVID-19 for Kids	<a href="https://www.brainpop.com/health/disease/sinjuriesandconditions/coronavirus/">https://www.brainpop.com/health/disease/sinjuriesandconditions/coronavirus/</a>
Kids Podcasts and More	<a href="https://medium.com/kidslisten/schools-out-kids-podcasts-are-in-82634e23d4c4">https://medium.com/kidslisten/schools-out-kids-podcasts-are-in-82634e23d4c4</a>

Coronavirus Resources for Kids, Parents and Educators Addressing Stress, Schedules, Activities, and More	<a href="https://www.wholechildcounseling.com/post/coronavirus-resources-for-kids-parents-counselors-and-educators?fbclid=IwAR12TJwbTMMkYkK5YIO2qe0feZoQEfNae9ReOJvuh4xy8O9Q1ZgQHRZF8kM">https://www.wholechildcounseling.com/post/coronavirus-resources-for-kids-parents-counselors-and-educators?fbclid=IwAR12TJwbTMMkYkK5YIO2qe0feZoQEfNae9ReOJvuh4xy8O9Q1ZgQHRZF8kM</a>
Social Emotional Learning (SEL) Resources for Parents, Educators & School Communities Related to COVID-19	<a href="https://insidesel.com/2020/03/12/covid-19/">https://insidesel.com/2020/03/12/covid-19/</a>
<b>Spanish Language Resources</b>	
Cómo combatir el estigma y el racismo en torno al COVID 19 (coronavirus) Consejos para padres y cuidadores	<a href="https://www.nasponline.org/Documents/Countering%20Coronavirus%20Stigma%20and%20Racism_Parents_ESUS.pdf">https://www.nasponline.org/Documents/Countering%20Coronavirus%20Stigma%20and%20Racism_Parents_ESUS.pdf</a>
Como hablar con los niños sobre el coronavirus	<a href="https://childmind.org/article/como-hablar-con-los-ninos-sobre-el-coronavirus/">https://childmind.org/article/como-hablar-con-los-ninos-sobre-el-coronavirus/</a>

## Office Hours

Name	Email	Hours
Valerie Villarta	valerie_villarta@chino.k12.ca.us	9:30 am -11:30 am
Jaime Onate	jaime_onate@chino.k12.ca.us	10:00 am -12:00pm
Kenia Lopez	kenia_lopez@chino.k12.ca.us	8:00 am -10:00 am
Gerardo Sanchez	gerard_sanchez@chino.k12.ca.us	8:00 am-10:00 am
Kelsey Wilcox	kelsey_wilcox@chino.k12.ca.us	12:00 pm -2:00 pm
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