



Helping Students Make Wiser Choices

TEN WISE CHOICES (Elementary Level)

Number One: Choose honesty. (honesty = integrity = wholeness and uprightness)

I choose to be honest with myself and others. When I choose honesty, I make better and healthier choices. I choose to be honest about the mistakes I make, learn from them, and stand proud. I make the best choices I can each day.

Number Two: Choose to do and be your personal best.

I choose to do my very best each day. When I am willing to do my personal best, I win self-respect and self-esteem.

Number Three: Choose a positive attitude.

I choose a positive attitude, seeing what's good, right, and wonderful in myself and others. I learn to laugh at myself.

Number Four: Choose self-responsibility.

I choose to take responsibility for what I think, what I say, what I do, and the choices I make. I take responsibility for achieving my goals, for my own happiness, and for raising my self-esteem.

Number Five: Choose quality over quantity.

I choose quality of life over quantity of things like money and possessions. I know that success is much more than making money.

Number Six: Choose to live by the Golden Rule.

I choose to treat others as I would wish to be treated in the same situation. I choose to be honorable and respectful of myself and others.

Number Seven: Choose to see the beauty in diversity.

I choose to be considerate of those who are different from me. Our world is full of diversity and variety which can make life more beautiful.

Number Eight: Choose a gratitude attitude.

I choose to be grateful for my blessings: food, shelter, clothing, my health, education, country, family, and friends. I am grateful to be alive.

Number Nine: Choose to serve.

I choose to be a helpful part of the world around me by looking for ways to help my family, friends, school, and community.

Number Ten: Choose to know my vision.

I choose to talk to my parents, teachers, or faith leader about my personal rules for living, about who I want to be in the world, and about my goals for becoming that person.