



Second Step Pacing Calendar -DIGITAL CURRICULUM -

7th Grade

2021-2022



School Week:	1	2	3	4	5	6	7	8	9	10	11
Unit/ Lesson	PBIS Kick-Off Teach school wide and classroom behavioral expectations	Unit 1 L1	Unit 1 L2	Unit 1 L3	Unit 1 L4	Unit 1 L5	Unit 2 L6	Unit 1 L7 Performance Task	Unit 2 L8 BPU	Unit 2 L9 BPU	Unit 2 L10 BPU
Lesson Title		Starting Middle School	Creating New Pathways in Your Brain	Learning from Mistakes and Failure	Identifying Roadblocks	Overcoming Roadblocks 1	Overcoming Roadblocks 2	Advice on Roadblocks	What is Harassment?	What is Sexual Harassment?	The Effects of Sexual Harassment
School Week:	12	13	14	15	16	17	18	19	20	21	22
Unit/ Lesson	Unit 2 L11 BPU	Unit 2 L12 BPU	Unit 2 L13 Performance Task	Skill Review	Unit 3 L14	Unit 3 L15	Unit 3 L16	Unit 3 L17	Unit 3 L17	Unit 3 L17	Unit 3 L17
Lesson Title	Gender-Based Harassment	Our Rights and Responsibilities	Preventing Harassment	Review Activity	Emotions Matter	Feel, Think, Do	Unhelpful Thoughts	Reframing Unhelpful Thoughts	Reframing Unhelpful Thoughts	Reframing Unhelpful Thoughts	Reframing Unhelpful Thoughts
School Week:	23	24	25	26	27	28	29	30	31	Christmas Break	
Unit/ Lesson	Unit 3 L18	Unit 3 L19 Performance Task	Unit 4 L20	Unit 4 L21	Unit 4 L22	Unit 4 L23	Unit 4 L24	Unit 4 L25	Unit 4 L26 Performance Task	Unit 4 L26 Performance Task	Unit 4 L26 Performance Task
Lesson Title	Practicing Positive Self-Talk	Making Better Decisions	What Makes a Conflict Escalate?	Keeping Your Cool in a Conflict	Conflicts and Perspectives	Resolving Conflict Part 1	Resolving Conflict Part 2	Taking Responsibility for Your Actions	Tips for Resolving Conflicts	Tips for Resolving Conflicts	Tips for Resolving Conflicts

Considerations

Oct. 4th-8th- National Bullying Prevention Month
 September 1st-30th- National Suicide Prevention Month
 Feb 9-15th- National Random Acts of Kindness Week
 May 1st- May 31st- Mental Health Awareness Month



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L: Lesson, BPU: Bullying Prevention Unit

Week:	1	2	3	4	5	6	7	8	9	10	11
Unit/ Lesson	Unit 1 L1	Unit 1 L2	Unit 1 L3	Unit 1 L4	Unit 1 L5	Unit 2 L6	Unit 1 L7	Unit 2 L8	Unit 2 L9	Unit 2 L10	Unit 2 L11
Lesson Title	PBIS Kick-Off Teach school wide and classroom behavioral expectations	Welcome! Who Am I? My Identity	My Interest and Strengths	Harnessing My Strengths	Pursuing My Interests	My Future Self	My Path Forward Performance Task	Understanding Bullying	Social Factors that Contribute to Bullying	Environmental Factors that Contribute to Bullying	
Week:	12	13	14	15	16	17	18	19	20	21	22
Unit/ Lesson	Unit 2 L11 BPU	Unit 2 L12 BPU	Unit 2 L13 Performance Task	Skill Review	Unit 3 L14	Unit 3 L15	Unit 3 L16	Unit 3 L17			
Lesson Title	Speak Up and Start a Movement	Be Inclusive and Change Policies	Stand Up for a Change! Performance Task	Review Activity	Understanding Stress and Anxiety	Where Does Stress Come From?	Can Stress Help You Grow?	Strategies for Managing Stress			Christmas Break
Week:	23	24	25	26	27	28	29	30	31		
Unit/ Lesson	Unit 3 L18	Unit 3 L19 Performance Task	Unit 4 L20	Unit 4 L21	Unit 4 L22	Unit 4 L23	Unit 4 L24	Unit 4 L25	Unit 4 L26 Performance Task		
Lesson Title	Changing Strategies and Getting Help	My Stress- Management Plan	My Values	Values and Relationships	Recognizing Others' Perspectives	Finding the Best Solution	Making Things Right	Unhealthy Relationships	Guide to Healthy Relationships		

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