

Counselor's CORNER

SEPTEMBER 2022

Mrs. Rodriguez

Counseling Monthly Focus:

The K-12 Intervention Counseling program is dedicated to the social and emotional growth and well-being of all students through the delivery of data-driven, school-based behavioral interventions and supports that encourage the development of motivated, self-confident, and life-long learners.

Tier 1: Prevention

Goal: Provide preventative age-appropriate activities to ensure that all students within a school, regardless of language, identified needs, or socioeconomic status, develop knowledge and skills that will influence their academic achievement and their social and emotional wellbeing.

Prevention Activities:

- Classroom Guidance Lessons
- School-wide assemblies & other school-wide activities
- Parent/guardian education workshops (Coffee w/ Counselor)
- Staff professional development workshops

Tier 2: Focused Support

Goal: Identify systematic, data-driven interventions for students within a school that may be experiencing barriers to their academic success and/or social or emotional well-being.

Targeted Interventions:

- Targeted small group, skill-based counseling and Check In- Check Out
- Community referrals
- Conflict mediation
- Restorative conversations

**You can use the QR code on the right to complete a Request for Assistance form **

Activities:

- 9/2 Coffee w/ Counselor
<https://us05web.zoom.us/j/81633209577?pwd=Sys9bi9XeHNBMHhSZlQqZzZaNEZwQT09>
- 9/2 –"Mindfulness Meditation" (Student Activity)
- 9/9- "Self Care Bingo" (Student Activity)
- 9/16- "Yoga" (student Activity)
- 9/30- "Coping Skills Fortune Teller-Origami" (Student Activity)
- 10/7- Coffee w/ Counselor
<https://us05web.zoom.us/j/86926087209?pwd=NG9jZWVGUwZlMGM14wWozdhlGatIUOT09>

Let's CONNECT!



Daniela_Rodriguez@chino.k12.ca.us



909.947.6693



Happy, Healthy Kids TIP:

One of the best things a parent/guardian can do for their child is read to them for 20 minutes each day.

Reading together grows your bond, sparks their imagination, expands their vocabulary, improves their emotional intelligence, and more!

