



5130 Riverside Drive • Chino, CA 91710 • 909.628.1201 • www.chino.k12.ca.us
Student Achievement • Safe Schools • Positive School Climate • Humility • Civility • Service

BOARD OF EDUCATION: Donald L. Bridge • Andrew Cruz • Jonathan E. Monroe • James Na • Sonja Shaw • SUPERINTENDENT: Norm Enfield, Ed.D.

Dear Parent/Guardian,

Listed below are the guidelines recommended by the American Academy of Pediatrics to help parents decide when their children should stay home from school.

FEVER

If your child's temperature is 100.4 degrees or higher, keep your child at home. While at home, encourage your child to drink plenty of liquids. Your child should be fever-free for 24 hours (without medicine) before returning to school.

DIARRHEA or VOMITING

Keep your child home until the illness is over, and for 24 hours after the last episode (without medicine).

SORE THROAT

A minor sore throat is usually not a problem, but a severe sore throat could be strep throat even if there is no fever. Other symptoms of strep throat in children are headache and stomach upset. Keep your child home from school and contact a doctor. Your child needs a special test to determine if it is strep throat. He or she can return to school 24 hours after antibiotic treatment begins.

EARACHES

The child needs to see a doctor.

PINK EYE (CONJUNCTIVITIS)

The whites of the child's eye are pink or red and there is white or yellow eye mucus drainage present. The child may also have matted eye lids after sleep and eye pain, or redness of the eyelids or skin around the eye. The child should not return to school until they are symptom free or have a doctor's note to return.

RASH

Children with a skin rash should see a doctor, as this could be one of several infectious diseases. One possibility is impetigo, a bacterial skin infection that is very contagious and requires antibiotic treatment. Also, Fifth's Disease is a contagious viral illness spread by coughs and sneezes. It is no longer contagious by the time the rash appears.

If you have any questions, please feel free to call the School Health Office.

School Nurse

Date