Husky Athletes and Husky Parents,

It is time to start another successful Husky track season, and a few items need to be noted before starting. It is mandatory that every student athlete and guardians read our track and field handbook, which is posted on our schools’ track and field webpage. This handbook as well as our track page will answer 99% of your questions (Search under Mr. Morales, then Track). The handbook is important because it includes off campus safety, schedule, and guidelines for being a successful husky as well as acquiring your varsity letter.

Additionally, all participants must have a current physical on file with the athletic trainer, Jia Aguilar in room 164. Athletes need to register @ Athleticclearance.com. You can download a blank physical and upload your finished physical onto the website. Completion letter must be signed and turned into our Trainer. Multi-sport athletes need to register for all sports. Once your physical is on file and you are registered online you will be eligible to compete if you have a 2.0 GPA. Inside of the envelope please fill out anydistrict pages as it covers risk management along with this parent letter if not on athletic clearance.

Also, the program is asking for an optional donation of $100. If that is not possible any donation is much appreciated. These donations will enable the team to place preseason orders, fund track meets (Relays and Invitationals), keeping equipment updated and safe while also paying for the end of the year awards. Please contact me with any questions. Richard\_Morales@chino.k12.ca.us. (Make checks payable to CHINO HILLS ASB) We will be doing an additional fundraiser with Snap-Raise in February. Uniforms can be purchased by athletes in room 235 in February. Cross Country Uniforms are fine to run track in.

After school preseason track practices begin in the stadium Jan 4th**.**  Distance will continue to practice during 6th Period PE. Winter Athletes do not begin track until your season ends. You need to get your envelopes in ASAP to be placed and cleared on our roster.

**Track league Schedule- Full schedule in handbook & Website**

Tues 3/19 @ Etiwanda, Tues 3/6 vs Damien(Spring Break), Tues 4/2 @ Rancho,

Tues 4/9 vs Upland, Tues 4/16 @ Los Osos,

League prelims 4/22-23 Finals 4/26 @ Rancho for Qualifiers

Follow us on twitter **@chinohillstrack**

Get Remind Updates **Parents** Text the message **@huskytf** to the number **81010**

**Girls Text @chhstfg to 81010, Boys Text @chhstfb to 81010**

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I have read and understand the Chino Hills Track and Field Handbook including the safety standards, on and off campus

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