

Chino Valley Unified School District

High School Course Description

CONTACTS

1. District Information:	School: Chino Valley Unified School District Street Address: 5130 Riverside Drive, Chino, CA 91710 Mailing Address: same Phone: (909) 628-1201 Web Site: chino.k12.ca.us
2. Course Contact:	Teacher: Ashley Doyle Position/Title: Agriculture Teacher Phone: (909) 591-3902 e-mail: doyle_ashley@chino.k12.ca.us

A. COVER PAGE - COURSE ID

1. Course Title:	Agriculture Horsemanship P.E.
2. Transcript Title/Abbreviation:	Ag Horsemanship
3. Transcript Course Code/Number:	5612
4. Seeking Honors Distinction:	No
5. Subject Area/Category:	Physical Education
6. Grade level(s):	9-12
7. Unit Value:	5 units per semester/10 credits – P.E.
8. Was this course previously approved by UC?	No
9. Is this course classified as a Career Technical Education course:	Yes
10. Is this course modeled after an UC-approved course?	No
11. Date of Board Approval:	March 5, 2015

12. Brief Course Description:
This course will provide the student with a working knowledge of how to properly catch, lead, tie, groom, saddle, bridle, and mount horses, adjust and care for equipment, and become a proficient rider. In addition, a basic understanding of equine care, management and schooling will be developed. Protective head gear with a chin strap will be required.

13. Context for Course:
This course utilizes the current state standards required for physical education (P.E.) and is a compliment to the physical education curriculum. This course is designed to introduce and expose students to horsemanship as an integrated part of their physical education experience. The applications throughout the course allow students to experience a new way to exercise and encourages a physically active healthy lifestyle.

Ag Horsemanship P.E. will address the following standards:

- Demonstrate knowledge of and competency in motor skills, movement patterns, and strategies essential to riding a horse. (Standard 1)
- Apply previously learned movement concepts to the learning and development of the motor skills required for successful riding equitation. (Standard 1)
- Become increasingly aware of the benefit they are receiving from horsemanship. (Standard 3)
- Analyze movement patterns of proper equitation and correct errors. (Standard 2)
- Use principles of motor learning to establish, monitor, and meet goals for motor skill development. (Standard 2)
- Evaluate individual measures of physical fitness in relationship to patterns of physical activity. (Standard 3)
- Develop individual goals such as improving balance, strengthening core muscle and posture, proficiently

Chino Valley Unified School District

High School Course Description

transitioning to a higher level gait, increasing competence and confidence with horses. (Standard 3)

- Explain the effects of physical activity on heart rate during exercise, during the recovery phase, and while the body is at rest. (Standard 4)
- Identify appropriate and inappropriate risks involved in horsemanship. (Standard 5)
- Evaluate the effect of expressing encouragement to others while participating in a group physical activity. (Standard 5)

14. Supplemental Instructional Materials:

- Horses
- Saddles
- Blanket pads
- Bridles
- Halters
- Helmets
- Grooming supplies
- Pitchforks
- Muck Buckets
- Instructional Handouts
- Notebooks

B. COURSE CONTENT

Course Purpose:

- Improve level of equitation.
- Master fundamentals of good horsemanship.
- Gain practical experience in applying the principles of management and care of horses and mules.
- Achieve and maintain a health-enhancing level of physical fitness.
- Develop skills, knowledge, and interest to pursue horsemanship recreationally or as a career.
- Develop an understanding of individual differences and acquire a positive self-image in regard to their own body and horsemanship.

Textbook:

Equine Science

Course Objectives:

- Identify the major breeds of horses in the United States.
- Identify the external parts of a horse.
- Understand basic equine nutrition and how it relates to performance.
- Identify tools and equipment used in horse care and use.
- Properly evaluate and select horses.
- Identify unsoundness and symptoms of poor health.
- Demonstrate a working knowledge of the correct riding seat.
- Explain proper safety procedures when handling horses and mules.

Key Assignments:

- Daily Review Warm Up.
- Cumulative vocabulary terms and identifiers.
- Breed Presentations.

Chino Valley Unified School District

High School Course Description

- Equine Career Presentations.
- Related current event discussion/oral presentation.
- Demonstration of grooming.
- Demonstration of saddling.
- Demonstration of equitation and riding posture.

Instructional Methods and/ or Strategies:

Active Participation: Teacher will incorporate the principles of active participation and specific strategies to ensure consistent, simultaneous involvement of the minds of all learners in the classroom. Teachers should include both covert and overt active participation strategies, incorporating cooperative learning structures. Some of the possible active participation strategies include:

- Strategy for personal, social, and physical development.
- Team building activities.
- Collaboration.
- Small group activities.
- Personal reflections on individual progression.

Assessment Including Methods and/or Tools:

Student achievement in this course will be measured using multiple assessment tools including but not limited to:

- Tests, including physical fitness test.
- Participation, cooperation, sincere effort (daily points).
- Evaluation of written assignments.
- Performance of horsemanship skills.
- Attendance, promptness, dress (daily points).
- Small group demonstration (rubric assessed).