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BOARD OF EDUCATION: John Cervantes • Andrew Cruz • Jonathan E. Monroe • James Na • Sonja Shaw • SUPERINTENDENT: Norm Enfield, Ed.D.

Adrenal Insufficiency History/Update

To the Parent/Guardian of _____ Grade _____
Home Room/Teacher _____ School _____

According to school records, your child has Adrenal Insufficiency. The school needs the following information in order to assist your child in case of an emergency event. Please complete the following and return it to the school nurse. Please keep your school nurse updated if any changes occur during the school year. A new form is needed for each school year.

1. Type of Adrenal Insufficiency: ☐Primary (Addison's Disease) ☐Secondary ☐Tertiary
2. Cause of Adrenal Insufficiency: ☐Autoimmune Disease ☐Chronic steroid use ☐Brain injury/tumor ☐Severe infection ☐Other _____
3. When your child was diagnosed: _____
4. Have your child had Adrenal Insufficiency Crisis before? ☐Yes ☐No
If yes, when was the most recent episode _____
5. Was an Oral stress dose medication given? ☐Yes ☐No How many times: _____
6. Was injectable hydrocortisone given? ☐Yes ☐No How many times: _____
7. Triggers of Adrenal Insufficiency Crisis: _____
8. Signs/Symptoms of Adrenal Crisis: ☐Abdominal pain or flank pain ☐Headache ☐Fainting
☐Loss of consciousness ☐Confusion ☐Dehydration ☐Severe weakness ☐Nausea/Vomiting
☐Diarrhea ☐Low blood sugar ☐Rapid heart rate ☐High fever

9. Medications taken at home:

Date Began	Medication	Dosage	Route	Frequency/Indications for use

10. Does your student have injectable hydrocortisone prescribed? Yes _____ No _____
If yes, who has been trained to administer _____
11. Is your student carrying medical ID? Yes: Card ☐ Bracelet ☐ Necklace ☐ No ☐
12. Does your child ride the bus? ☐Yes ☐No
13. Does your child participate in any after school activities? ☐Yes ☐No. If yes, please describe:

Print Parent/Guardian Name _____ Signature _____
Contact Phone Number _____ Date _____

PLEASE RETURN THIS FORM TO THE SCHOOL NURSE

If your student requires medication at school, please see the Health Services website for the required forms.