


Counselor's CORNER

MAY 2025

MS. ESPOSITO



Dear students,
families, & staff:

As we come to the end of the 24-25 school year, I want to express my heartfelt gratitude to all of you and for making it such a wonderful and memorable year. I am so proud of our amazing students, as they have shown incredible resilience, determination, and growth this year! I am wishing you all a restful, rejuvenating summer!

April MTSS-B Data

Tier 1

- 17 Request for Support forms received
- 7 Students participating in Tier 1 short-term intervention

Tier 2/3

- 23 Students participating in PALS
- 26 Students participating in small group
- 1 Student participating in CICO intervention

Dates:

- May 5th-9th: Teacher Appreciation Week
- May 13th: Cortez Open House 5:00-6:00pm
- May 21st: 6th Grade Promotion 8:30-9:30pm
- May 22nd: Last Day of School

Let's CONNECT!



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Happy, Healthy Kids TIP:

As the end of the school year approaches, many students may experience a range of emotions, from excitement to anxiety surrounding transitioning to a new grade level or new school. Here are some helpful tips to support your student:

1. Celebrate success (both big & small; encourage celebration & reflection)
2. Say goodbye and stay connected (via telephone, email, or pen-pal)
3. Prepare for the next step/s (practice new schedules or routines)
4. Focus on self-care (getting outside, mindfulness, healthy sleep schedule)

