

Counselor's CORNER

NOVEMBER 2024

Ms. ESPOSITO

Counseling Monthly Focus:

In November, we will be practicing having an attitude of gratitude!

October MTSS-B Data

Tier 1

- 10 Classroom guidance lessons
- 10 Requests for Support forms received
- 11 Students participating in Tier 1 short-term intervention

Tier 2/3

- 22 Students participating in PALS
- 20 Students participating in small group
- 1 Student participating in CICO intervention

Dates:

- Nov. 1st No School
- Nov. 11th Veterans Day
- Nov. 13th World Kindness Day
- Nov. 25th– Nov. 29th Thanksgiving Break

Let's CONNECT!



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Happy, Healthy Kids TIP:

Did you know that practicing gratitude can positively affect one's mental health AND physical health? Ask your child to think of 3-5 things/people/places that they are grateful for.
*Bonus tip, have them journal their gratitude list!

