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Student Achievement • Safe Schools • Positive School Climate • Humility • Civility • Service

BOARD OF EDUCATION: John Cervantes • Andrew Cruz • Jonathan E. Monroe • James Na • Sonja Shaw • SUPERINTENDENT: Norm Enfield, Ed.D.

### **SEIZURE ACTION PLAN (Completed by Physician) – Release of Information**

Student Name: \_\_\_\_\_ Date of birth: \_\_\_\_\_ Grade: \_\_\_\_\_

School: \_\_\_\_\_ School Phone #: \_\_\_\_\_ Fax #: \_\_\_\_\_

#### **Physician to complete:**

Seizure Type	Length	Frequency	Description

Seizure triggers or warning signs: \_\_\_\_\_

Student's response after a seizure: \_\_\_\_\_

#### **BASIC FIRST AID:**

Does the student need to leave the classroom after a seizure? ☐ Yes ☐ No

If yes, describe the process for returning student to class \_\_\_\_\_

#### **EMERGENCY RESPONSE:**

A seizure emergency for this student is defined as: \_\_\_\_\_

Seizure Emergency Protocol: (check all that apply and clarify below)

- ☐ Call 911 for seizures lasting \_\_\_\_\_ minutes
- ☐ Notify parent or emergency contact
- ☐ Notify doctor
- ☐ Administer emergency medications as indicated below
- ☐ Other: \_\_\_\_\_

Basic Seizure First Aid:  
Stay calm & track time  
Keep child safe and protect head  
Do not restrain or put anything in the mouth  
Stay with child until fully conscious  
Record in seizure log  
Turn child on side  
Keep airway open/watch breathing

A seizure is generally considered an emergency when:

- ✓ A convulsive (tonic-clonic) seizure lasts longer than 5 minutes
- ✓ Student has repeated seizure without regaining consciousness
- ✓ Student has a first-time seizure
- ✓ Student is injured or has diabetes
- ✓ Student has breathing difficulties
- ✓ Student has a seizure in water

\*\*\*\* The physician authorization form must be filled out to have medication on campus\*\*\*\*

Medication	Route	Dosage	Frequency

Does the student have a Vagus Nerve Stimulator (VNS)? ☐ Yes ☐ No \*\*if yes, please fill out the Physician Authorization Form for the VNS.

Special Considerations and Safety Precautions: \_\_\_\_\_

Physician's Name (print): _____	Doctor's stamp
Signature: _____ Date: _____	
Address: _____	
Office # _____ Fax# _____	

I give permission for the health office staff to contact the physician for consultation and exchange of information as needed.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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