

The Lariat

Chino High School

Homecoming King and Queen Announced at HOCO Game

By Rylie Alarcon and Mirage Ballesteros

The halftime show started off with a performance by color guard, followed by a separate performance by cheer and the junior cheerleaders.

The cheerleaders brought in junior cheerleaders. The junior



2023 Senior Homecoming Court at Homecoming Game.

cheerleaders cheered with the Chino cheerleaders throughout the game. They also did a small Tangled themed performance during halftime. We asked the Chino cheerleaders how they felt working with the Juniors, and Charlotte Rodriguez said "It was a little stressful because they like to do what they want and not what we tell them, but overall, it was fun. My favorite part was stunting with them."

During halftime, the prince and princesses from each grade

got to walk down a red carpet with each other. The senior homecoming king and queen were last, which ended with them announcing their homecoming courts, and having them each open a box. One boy and girl, Aiden Estrada and Sienna Ruiz, got golden balloons in their box, indicating that they won. The crowd exploded into cheers to celebrate the crowning of the 2023 Homecoming king and queen.

Game Recap

The homecoming football game against Claremont took place on October 6th. Chino got the win with a score of 46-7. A football player, Dominic Jimenez was asked "How did it feel winning this game. They responded with "It felt good. It felt too easy."

Chino Celebrates HOCO with a Spirit Week

By Evan Gray

Chino Highs ASB put together a spirit week starting October 2nd and ran to the Homecoming game on the 6th. Each day had a correlation to the movie Tangled, which was incorporated into the theme of the dance.

Mondays spirit day was "Snuggly Duckling" - Bring your favorite stuffed animals, Tuesday was "Mother knows best" - Dress as a soccer mom or dad, Wednesday was "Anything but a frying pan" - Anything but a backpack day, Thursday was "When will my life begin" - Dress like future you, and finally Friday "Chameleon" - Wear a monochromatic outfit.

On Thursday at lunch, the princes and princesses were announced. The freshman prince and princesses were Ivan Nava and Lilah Annette. The sophomore prince and princess were Justin Askins and Siannah Rivera. Junior prince and princess were Christian (CJ) Gibson and Rachel Rubio.

Azusa Pacific University Information Night

By Lizette Ruelas and
Jessica Hernandez Custodio

Azusa Pacific University Admission Representative, Garce Yaso spoke at Chino High School on Tuesday October 3rd. This event was for seniors only and over 50 showed up.

APU is a private Christian university that offers 71 different degree options and who's student body represents over 72 countries. A total of 7,120 students attends APU, 34% of which being first generation students. APU 4-corner Logo represents; Christ, Scholarship, Serve and Community.

Around 1/7 of students admitted have academic awards or scholarships. APU offers full paid tuition Trustee Scholarship and Athletic scholarships with 16 D2 NCAA teams.

Seniors approached Mrs. Yaso after the presentation to discuss applications and their interests in degrees at Azusa Pacific University.

Yaso assisted many senior students saying, "As Admission Representatives we are rooting for you...we are on your side."



Grace Yaso, Admissions representative at Azusa Pacific University, stops by at Chino High School to advise students about APU.

Chino Valley Unified School District Hosts Annual College Fair

By Shawn Nelms

The Chino Valley Unified School District has recently hosted its annual district college fair. Over 60 organizations took part in this year's event.

The Fair was hosted at Ruben S. Ayala High School on October 9th. Taking place from 6:00-8:00 pm, the event itself was located inside the MPR of the school.

Serving as an opportunity for students to look at possible post-high school options, the

district's annual college fair presented a wide range of different organizations. The organizations included consisted of universities, colleges, trade schools, and military branches.

Guests were provided with free entrance and access to the many organization representatives present at the event. Many of the tables present at the event provided informational materials such as pamphlets and brochures.

Although the event proved useful to the many who attend-

ed, several had taken issue with the venue of this year's district college fair. Kevin Compos Zavala, a student at Ayala High School, said, "Last year was better since it was at Don Lugo and was more spacious."

In speaking about the fair, Anne Lien, a student at Ayala High school, said, "It was actually pretty good. I was able to ask a good few questions about the colleges I wanted to go to."

The AVID College Fair Makes its Way to Chino

By Samantha Sandoval

On October 12th, AVID held its annual college fair in the plaza during lunch where 10th and 11th grade AVID students ran different booths for various colleges.

AVID seniors helped set up the different booths.

To kick off the college fair, AVID started off the week by posting different posters on all hallways in buildings A, B and C to promote the college fair. They continued off with a bingo card that students can fill out to win a bag of free chips and be raffled to win an In n Out gift card on the day of the college fair.

Ms. Covarrubias, who has been the long-term sub for Mrs. Diaz, 11th grade AVID teacher says, "I expect the students to do well on this project this year because they already turned in a college fair from last year, their sophomore year, so I have higher expectations for the Junior class."

Ciara Granados, junior said, "I do feel like my last year's project (NYU) was better, but this year (Stanford), I am more prepared and ready." Liliana Sandoval, junior, also says that she feels more prepared from last year's



Juniors AVID students Amari, Johanna, Ciara, Carissa presenting their Stanford college poster board to Chino High Students.

project (UC Irvine) than this year's (USC).

The juniors have already done this project during their sophomore year, so they are more ready for this year, as it will be their last year doing a college fair.

Mr. Fallon, 10th grade AVID teacher says, "I'm delighted to be a part of it! I think it gives our AVID students a great opportunity to expand their opportunity knowledge about colleges, to get them used to reaching out to colleges for information, and to share their enthusiasm for reaching for their dreams with the rest of the student body".

Alyana Bocanegra, sophomore said, "I think it's fun because we get to decorate post-

ers and get to research about colleges that we never knew about (UC Berkeley)."

Victoria Aguirre and Alyssa Medina, sophomores said, "It's fun but it's kind of stressful, but it's really cool because we will have other people come up and ask people about the college we researched (Columbia)."

Many students and teachers have supported the AVID college fair for many years and are excited about what to see this year.

AVID advisor, Mrs. Nelson states, "The AVID team is expecting a good turnout and hopes to share information about local and out-of-state colleges."

New Gym Floor Dedicated to Two Memorable Coaches

By Evelyn Alva and Giada Sacchi

Chino has dedicated the new gym floor to former coaches Frank Elder and Joe Murillo to show appreciation for their large impact on Chino high.

Frank Elder was a coach for our school in the 1950s and coached boys' basketball for 26 years. Chino had made a prior dedication to Elder by naming the gymnasium after him, but due to reconstruction it was later decided to make a new dedication, so his impact would

be remembered.

Joe Murillo was also an amazing girls' basketball coach, not only that, but he also coached many other sports during his time working here. Both Elder and Murillo mentored and coached thousands of students.

"Saying they had a large impact is an understatement," said Principal John

Miller speaking about the two coaches. Joe Murillo and Frank Elder made history in this Chino high, and school has found a way to honor their legacy.



Chino High School rebuilt the floor of the gym and printed the names of two historical coaches.

West Parking Lot Now Open

By Addison Ortiz and Jezzarai Bugarin

A few weeks ago, Chino High Schools new parking lot west side of campus opened for staff to park and students to enter the new campus.

The new parking lot is located by the black push through gates to enter the campus South of the A building, North of the H building Lecture Hall, and by the new softball fields.



The building process started back when the new campus was being built. There were electrical poles that needed to be connected so construction decided to bury the electric lines underground. They also added pedestrian ramps to

make walkways accessible.

Students are not allowed to park in this parking lot. It's used for staff, district delivery drop-offs, and special events taking place after school.

John Miller, principal of Chino High School, told the Lariat, "We are hoping with more staff parking it would ease congestion in our main parking lot off Jefferson. We will also open the black gates more often to let students walk in." All the push-through gates, these will be locked 5 minutes after 1st period.

Suicide Prevention Awareness at Chino High

By Deja Hernandez
and Anette Vega

We all understand that suicide is a very emotional and serious topic. For this reason, Chino Valley Unified School District provides two annual suicide prevention awareness training courses for parents, guardians, and community members where Dr. Dianne Vargas discusses suicide and actions to keep our youth safe. The suicide prevention session by Dr. Vargas visited Chino High on September 20th at 6:30 p.m. in the school MPR. In this session she talked about noticing warning signs, the risk factors, suicide statistics, what parents can do, and provided recourses for help.

Many students have internal and external warning signs. Internal warning signs include excessive somatic complaints about their head or body aches, anxiety or worry, sleep problems or nightmares, suicidal thoughts, ideation, feeling as if they have no purpose or no reason for living, feeling trapped/ having no way out, and feeling hopeless. Exter-

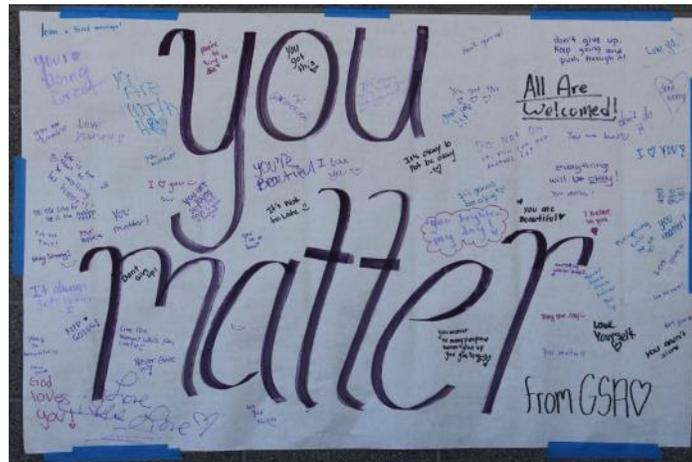
nal warning signs include making suicidal threats, self-harm, expression in art or writing, uncontrolled anger, substance abuse, withdrawal from friends, family, and society, being reck-

less, mood swings, and a decline in schoolwork. There are factors that come into place that can risk a student's life into thinking about suicide. This can be a loss of someone close to them, disruptions in their life such as divorce, no family structure, no stable living, suffering of abuse or neglect, experiencing, or witnessing trauma, learning difficulties, chronic medical illness, anxiety, or depression. and exposure to violence.

in America. Based on the Youth Risk Behaviors Survey done in 2019, 8.9% of students high school had reported that they made at least one suicide attempt. Suicide is the 9th leading cause of death in people and the 2nd leading cause of death between 10–34-year-olds. Suicide ranks as the 11th leading cause of death in children 5-11 years of age. Suicidal ideations have the highest rates in middle school students and suicide in-

crease in high school and beyond. Suicide rates rose by 35% in the U.S. within the past two decades. As a parent, you can guard your child against the possibility of suicide. You can interact positively, promoting involvement in clubs and sports. Monitor your child's whereabouts and who they talk to, and their social environment. Communicate regularly with your teen to understand where they are coming from and why they may feel this way.

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Suicide Awareness Poster from Suicide Prevention Event.

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In 2020 about 1 person every 11 minutes died from suicide

CHS Junior Cheer Camp Back for Another Year

By Mia Cardin

For another year Junior Cheer Camp has continued through Chino high school. On October 2nd, 2023, was the first practice for the Chino High Cheer teams annual Junior Cheer Camp. There were over 75 girls who signed up to do the Junior Cheer Camp.

Having a Junior Cheer Camp allows them to teach kids that are looking forward to being cheerleaders when they are older.

At the practices for Cheer Camp, the team was separated into groups A-H with over 10 girls in each group. The older

girls got to act as coaches and bond with the girls as well as teaching the girls what to do. They performed on October 6th for Chino’s homecoming game, which we won 46-7 against Claremont. The second and last practice was on Wednesday October 4th and that practice was just the older Cheer girls going over the materials learned on Monday and getting the girls their bows, pom poms and shirt.

Teaching the little ones was a blast and it is my favorite thing I always look forward to during the school year” says Sienna Ruiz a Chino Cheerleader. The Chino High taught the girls a variety of things like kicks, jumps, stunting, cheers, and a dance.

“The little kids never fail to brighten up my day and show me what cheer is truly about, and they allowed me to grow not only as a cheerleader but also as a person.” says Aubrey Valdez a Chino Cheerleader.

The Junior Cheer camp was an amazing way to Fundraise for the Chino Cheer team. The kids enjoyed their experience and look forward to next year’s Junior cheer camp.

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Make sure you speak in a calm tone and start with something positive. If needed, put your child in therapy or on prescribed medication.

Now what are some resources? You can contact your child's school counselor administration, and crisis team members. Crisis clinicians are available 24/7. You should call for a phone consultant when you are worried about someone and need another opinion or when you need advice on how to help someone.

If you need support or help, call the suicide hotline on your phone at 988. You can also message them if you cannot talk on the phone. They also have a website at 988lifeline.org. Please remember that your life is precious and to make the most of it.



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The Lariat is the source for news, entertainment, and sports for Chino High School

For back issues, comment, or concerns please contact peter_ottman@chino.k12.ca.us

Art Honors Society Splits Into Two Clubs

By Valerie Jimenez

Art Honors Society has divided its club into two different clubs as of September 29th. The reason behind this is that many students were unable to meet grade requirements to stay in Art Honors Society, so Mr. Cahill, the club administrator, decided

er, Art Club members will not be counted for completing public service for graduation requirements, while Art Honors Society will continue to do so.

“Art is life!” said Cahill explaining the split.

Meeting times will continue to stay the same for Art Honors



Art Honors Society club meeting held by president Karina Sandoval discussing club matters.

to organize a separate Art Club for students who do not meet the grade requirements.

Art Club will be available for students wanting to join, howev-

Society, being Tuesdays at lunch. The new Art Club will meet at lunch on Thursdays.



Calling all Poetry Writers!

By Victoria Banuelos

Appelley Publishing National Student Poetry is offering a Student Poetry Contest with over \$3000 in prizes.

If you are a student in grades 3-12, at any public or private school, or if you are home-schooled or privately tutored. Enter your original poem about anything you like, it must be a minimum of two lines up to a maximum of 20 lines in length

You retain all copyrights to your individual work, of course. If you are mailing your entry, it must be postmarked by November 17, 2023, and if you are submitting online the deadline is one week later.

The Winners will be featured on appelley.org. 1st place winners will receive \$500! Even if you do not win, they are drawing at random 25 students for “Just for entering cash!” ranging from \$25.00 to \$100.00. All winners will be notified by email.

Be authentic, Be yourself. Write about what you know, or what you dream about. Take the chance and enter your work for a chance to win.

Girls Tennis Slams into League

By Evan Gray

Girls Tennis is off to a great start this season, currently they are 11-8 with plenty of games left. They started the season off against Vista Del Lago winning 8-4.

They have had many great wins this season, most notably their 15-3 win against the cross-town rivals Don Lugo.

They have had many dominant games this season, including defeating Kaiser 16-2, Colony 18-0, Sierra Vista 11-7, and Ontario 15-3. The cowgirls have also had a few rough games, losing to Chaffey High School the defending league champions.

Head Coach Michael Hinkle has done an amazing job, and his team is only showing better results because of it. "I think our



Senior Michela Vega preparing to swing her backhand against Baldwin Park opponent. Photo Courtesy Harry He.

team is only getting better as the season progresses," said Hinkle.

Head JV coach Joshua Pratt has also done an excellent job this season with JV having an exceptional 12-7 season. He and his team have been practicing all the way back since June to ensure their success through hard work.

Girls Golf Hit the Links

By Melanie Plascencia and Austin Gonzales

The girls' golf team has only won 4 out of their 12 matches.

Most of the girls are on the golf team to have fun and enjoy it as a sport. Mr. Colinco says he enjoys coaching and watching his team have fun while playing.

Mr. Colinco also added that his new #1 player, Angelina Feng, is talented enough to be a league MVP in the future. He says she is only a first-year student and that he is impressed by her amount of skill while being that young.

Angelina's father is a top amateur golfer himself. "She is an amazing reflection of her father," Mr. Colinco says.



Angelina Feng putting on the course. Photo Courtesy of Mr. Colinco



Charles Blank putts around between matches. Photo courtesy of Alina Trejo.

Would you Rather Turn Into a Ghost or Witch?

By Addison Hunter



Marley Garcia (10th grade) When, asked if she would rather be a ghost or a witch, she answered “I would want to be a witch so I can cast spells on people.”



Andrea McFarland (English Teacher) When, asked if she would rather be a ghost or a witch, she answered, “I would like to be a ghost so I can be invisible when I want.”



Naomi Martinez (10th grade) When, asked if she would rather be a ghost or a witch, she answered “I would like to be a ghost, because being a ghost would help me scare people.”

Homecoming Upsets among students

By Kirra Finneran

Chino High students expressed their displeasure with how homecoming activities have been scheduled. Homecoming activities from past years have been rearranged, removed, and even replaced, leaving students confused as to what is the point.

Another upset that has caused some uproar is what is the point of having something like spirit week for homecoming, that is supposed to get students excited for the dance, if it is not till after the dance is held.

“More people would've participated in spirit week if it was

before hand too,” said senior Sienna Ruiz .

Another factor that was brought up by some students is how the timing of homecoming court/king and queen could have made the dance more exciting. Ruiz, who was Homecoming queen for 2023, said “I think it would've been more fun for me If it was announced then, at the dance.” Only the court was announced at the dance and CHS students would not find out who won till a week afterwards.

Chino’s homecoming football game was celebrated the weekend after homecoming too. Although the game was a hit and still a blast. Some students have expressed how homecoming could have been more exciting as well if we had won the game beforehand.

“The football game was not as hyped; the student section wasn't hyped at all even though we were winning by a lot.” Ay-dee Corbera, a senior student at CHS..

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Confusing Origins of Halloween

By Landen Doyle

Halloween is a beloved holiday worldwide for children, teens, and adults .

Halloween, also known as All Hallows Eve, came in part from Celtic beginnings over 2,000 years ago. In what is now modern-day Ireland and parts of France, the Celts celebrated a festival known as Samhain . Samhain celebrated the Celtic New Year, the end of the harvest, and most importantly the beginning of winter, which was associated with death. The celebration of Samhain was from October 31st into November 1st.

The Christian church also had a part in the creation of Halloween. To them, November 1st was known as "All Saints' Day" or "All Hallows Day". This day was a celebration of all the saints of the church who have reached heaven. The day before this celebration was known as "All Hallows Eve" Which would be on October 31st, which eventually evolved into Halloween.

The Celts believed that during these celebrations, the line separating the living from the dead was thin, which allowed spirits to enter the land of the living, potentially causing harm. To ward off these evil spirits, they would light bonfires and wear costumes made from

Animal Skins. These bonfires were used to emulate the sun to help the powers of growth, and to burn and destroy any harmful influences.

In the 1st century AD, the Romans took over Celtic territories and mixed their own traditions with Samhain. It was then that the Romans made the celebration of Samhain a day to honor the Dead. With the Romans, Celts, And Christians all having these traditions, they all eventually merged to create the Halloween that everyone knows and loves. With these traditions being created, there only leaves room for more evolution

During the Middle Ages, Halloween started taking on more Christian elements. One of these elements would be the activity of "Souling," which was a practice where people would go door-to-door offering to say prayers for dead loved ones, and in exchange they would get "soul cakes." One cake would be one soul saved. Along with this new tradition, dressing up in costumes and masks evolved and became an activity to confuse and ward off evil spirits, as the spirits would confuse the costumes for other spirits. This is where the tradition of Trick

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Students have expressed their sadness with the school no longer celebrating and having the homecoming parade. "Sophomore year when I was in Folklorico, we used to dance in the parade, and it upsets me we no longer get to celebrate like that anymore." Itzel Corbera, a senior at CHS.

Overall, students seemed to have lower spirits compared to past year for homecoming and were not as excited and enthusiastic as. It is sad to see our school not have the spirit for big events.

or Treating had its start. One of these traditions was carving turnips into lanterns. By the 19th century, Irish and Scottish immigrants brought these traditions to America. Once in America, the turnips turned into pumpkins, and this became the carving of Jack o' Lanterns. This would also be the start of the common American Halloween celebration.

After the traditions hit America, it evolved to wearing costumes, putting up spooky decorations, Trick or Treating, and watching horror movies. Halloweens origins comes from multiple different traditions across generations and has been adapted to the Celebration everyone Loves.

The Unexpected Evolution of Team Managers

By Elena Alvarado
and Dominic Jimenez

In 2021, unprofessional.

After Joey LaRosa and John Miller were looking for a new advisor, Daniella Ochoa stepped up to reimage Water Girls to Team. Before, the group was a hot mess. There were 10-15 girls that were on the squad and their advisor did not care how the girls would dress, which made them, and the football. Ochoa had re-improved the whole program, now everyone is required to wear khakis pants with the Team Managers polo, Those attending to help at practice, must be in the dress code even if school if over

Football is very much appreciated by the team managers because they help the team with

so much. The girls pass out jerseys and pants to the team, set up the field, give them water during the games, and they also wash the nasty jerseys and pants after the game, etc.

The bond between the team managers and the football team is good, the football players help them sometimes whenever help is necessary. The Team Managers also enjoy team meal with the boys, and everyone says a prayer together to bless the team on their big day.

Sofia Damas (11) enjoys bonding with the other girls in the program, it allows her to be herself and hangout with her friends while having a good time with Ochoa. Maria Ko-

maiha (12) her favorite memory about being a Team Manager is going with the team to the CIF game and having a good dinner for team meal with the rest of the girls.



Where Are They Now: Class of 2023

By Evan Gray

As seniors prepare to apply for colleges and universities, we look back on those who came before us and see what they are up to. The class of 2023 was an incredibly fun and interesting class full of many familiar faces. We looked back and contacted a few recognizable names from last school year including leadership presidents, vice president, and even the class valedictorian.

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Team Managers : Calise Gibson, Kira Finneran, Elena Alvarado, Sofia Damas, Kalia Brady, Maria Komaiha, Priscilla Contrerass (Left to Right)

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Choosing a college and major can be a huge part in a person's life, this will help decide what career path they will go down. When asked what colleges they were attending former ASB President Maya King said, "I am attending Cal State Long Beach and I chose the school because it is not too far from home which makes it easy for me to come home on weekends, and because they have a good marine biology program."

When asked the same question, class of 2023 Valedictorian Daniel Mora says, "I am attending Yale University, and I chose Yale because it is one of the best universities in the entire world." "I chose Yale because they have the best pre-law program in the country." Former ASB Vice President Ava Kuhns-Vasquez (A) is attending UCLA for the higher level of education and the campus. Former Renaissance President Shang Hsing Liu (Frank) is attending Cal State Fullerton as an English major.

When asked to describe the fun they have experienced in college Kuhns-Vasquez says, "We have the Westwood Block Party every year, where they host a ton of events and vendors for students to have fun and

meet people. They also give out a ton of free stuff, which is always a bonus." The Westwood block party is a party for new/current students and neighbors to the Westwood district. This year there were about 15,000 bruins that went.



Class of 2023 former ASB President Maya King at her graduation.

Highschool life and college life can be quite different, when asked about the differences between them. Frank says "College requires you to do much more reading than high school, and you are responsible for your own readings and assignments. In college, you are much more independent, and it is up to you to

make the most of your education." Personal responsibility was a big talking point in all four of the alumni's answers.

Staying close to friends after high school can be challenging, but chino high alumni have found ways to stay close. "With most of my friends we still talk daily whether it is texting or just calling to see how they are. It is hard being used to seeing them every day to only being able to text them, but it is what comes with college, and it is also cool to see how everyone is doing in their classes and with their new friends." - King. Maintaining relationships with friends can be difficult after high school, but our chino cowboy alumni are managing to make new friends while keeping their cowboy roots.

As the class of 2024 prepares to enter college next fall, it has given them advice on the future. Kuhns-Vasquez says, "Don't take any moments for granted this year and do as much as you can with your friends before you all go your separate ways." Frank says "Everything will work out. You will be accepted into a university, graduate high school, and achieve greatness." "You got this Cowboys!!!"

BST Is Back and Better Than Ever

By Alyssa Candelaria

The Biomedical Science and Technology Academy (BST) has in its second year of operation and is off to a great start.

This year was the first year the school was opened to freshman and sophomore students. BST started with 50 freshman and now has up to about 120 students. With the new students came new classes and opportunities. The new Cisco networking academy, which can give students industry certifications to use after graduation.

The Lariat asked BST's assistant principal Ashley Davis how the school has improved and she said "Well, there's just more students, which is exciting, because we have a lot of kiddos that are coming here from the junior high schools, and it is just exciting to see the program growing. And it is also exciting to see more students involved in extracurriculars that you know Chino has to offer."

BST has also introduced new movie nights and even has a podcast talking about the insight of BST and tips from students and staff. BST also has a lunch speaker series they had just recently started up and running.

Kailey Christenson, a teacher at BST and the BST Ambassa-

dors Program advisor said, "The BST Ambassadors does a lot of events that BST holds like movie nights and back to school events at each junior high school."

Discover BST is an open house which gives the community and future incoming students the chance to check out the campus and really get to know what BST is about. The first Discover BST event was held on October 18 and additional open houses will be held in November.

Christenson said, "Sometimes when you think about taking rigorous coursework, you can be a little nervous about 'can I do this,' and my advice would be to take a chance on BST, and to be confi-

dent in yourself and what you can do."

According to the BST website, "BST provides students with a unique high school experience complete with cutting edge, specialized courses of study and hands-on experience and exposure to different professions through internships with industry partners."

"One thing that we really wanted to focus on is not being the best, it is being your best, and that looks different for everybody." said Davis about what "Being your BeST at BST" means to her.

BST will open their admissions window on October 18 and it will run to December 1.



BST students showing off fun lab work the school offers. (Photo Courtesy by Ashley Davis).