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Student Achievement • Safe Schools • Positive School Climate • Humility • Civility • Service

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School Counseling Informed Consent

School Counseling Services

CVUSD is committed to providing quality education to its students. The student's health and well-being are always the main priority. School counseling services assist students in meeting their full potential through academic, career, personal, and social development. As part of CVUSD's structured and coherent counseling program, students may be referred to, or request, counseling services. These services are provided at no cost. However, these services are not intended as a substitute for diagnosis or treatment for any mental health disorder.

Consent

School counseling is considered part of a school's general education program and is accessible to all students. Parent consent is not required for the implementation of the general counseling program. As part of this general program, a school counselor may engage CVUSD students through a variety of strategies to promote and support:

- The school's discipline response system
- A school's safe and inclusive school environment
- All students' personal, social, and academic development

Additionally, a school counselor may engage in the following activities available to all CVUSD students without written parent consent:

- School assemblies in support of academic, social, and emotional skills
- Individual, short-term support (1-2 sessions)
- Collaboration with teachers in support of classroom behaviors
- Collaboration with school administration and staff to deliver school-wide supports
- Intervention and assistance in emergency situations and when a student is considered at imminent risk for harm

Written parent/guardian permission will be obtained prior to providing the following counseling services:

- Targeted small group counseling (skill-based lessons)
- Short-term individual counseling (more than 2 scheduled sessions)
- Development and implementation of individualized behavior supports and interventions following evaluation of a student's needs

Pursuant to Family Code 6920-6926 and Health Code 124260, in certain situations, students 12 years or older may consent to counseling services on their own behalf.

Referrals

All stakeholders including parents/guardians, teachers, and administrators may make referrals for school counseling services through a Request for Assistance Form. Students may self-refer for services through a Student Request for Assistance Form. Both forms are located on your school site's website.

Confidentiality

- Trust is the cornerstone of counseling. School counselors have the responsibility to respect and safeguard the right to privacy and confidentiality of a student except for certain limited conditions such as if a student demonstrates harm to self or others, if there is known or suspected child abuse or neglect, or there is a court ordered disclosure.
- School counselors may share student information with parents/guardians, the student's teacher, and/or administrators or school personnel who work with the student on a need-to-know basis, to better assist the student as a team.
- School counselors will inform students of these limits to confidentiality before sharing information with others.

Contact

If you have any further questions about the information on this form or specific questions regarding counseling services, please contact Health Services at (909) 628-1202 Ext. 8918.