

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>		French Toast 1pcs 27g Scrambled Eggs 4 oz 0g Sausage links 2 pcs 0g Maple Syrup 2 oz 26g Oatmeal 3 oz 54g Strawberries 4oz 11g Yogurt 4oz 24g Granola 1oz 15g  <i>*Gluten free pancakes 36g</i> <i>Vegan sausage patty 5g</i> <i>Vegan egg patty 3g</i> <i>Sugar free syrup 4g</i>	Scrambled Eggs 4oz 0g Country Potatoes 4oz 11g Bacon 2pcs 0g Oatmeal 3oz 54g Cantaloupe/Honeydew 6oz 6g Yogurt 4oz 24g Granola 1oz 15g  <i>*Vegan egg patty 3g</i> <i>Vegan sausage patty 5g</i>	Biscuits 1pcs 28g Gravy 2.5oz 24g Sausage Patties 1pcs 0g Scrambled eggs 4oz 0g Grapes 4oz 23g Brown Sugar Oatmeal 58g Yogurt 4oz 24g Granola 1oz 15g  <i>*Vegan egg patty 3g</i> <i>Vegan sausage patty 5g</i> <i>Gluten Free Muffin 36g</i>	Pancakes 1pcs 38g Bacon 2pcs 0g Scrambled eggs 0g Maple Syrup 2oz 26g Brown Sugar Oatmeal 3oz 58g Pineapple 4oz 16g Yogurt 4oz 24g Granola 1oz 15g  <i>*Gluten Free/Vegan French Toast 36g</i> <i>Vegan sausage patty 5g</i> <i>Vegan egg patty 3g</i> <i>Sugar free syrup 4g</i>
<b>LUNCH</b>	Dino Nuggets 5 pcs 13g Macaroni Cheese 6 oz 42g Ranch Carrots 3 oz 7g BBQ Sauce 18g  <i>*Gluten Free Chicken Nuggets 3pcs 12g</i> <i>Gluten free mac/cheese 2oz 44g</i> <i>Gluten free cookies 27g</i> <i>Vegan Chicken nuggets 3g 19g</i> <i>Vegan mac and Cheese 4oz 40g</i>	Hamburger 2g Bun 30g Fries 48g Lettuce 1 pcs 0g Tomato 1 slice 1g Pickles 3 slices 0g Watermelon 1 slice 21g  <i>*Gluten free bun 44g</i> <i>Black bean burger 16g</i>	Hot Dog Turkey 1pcs 2g Buns 1pcs 24g Chips 1.5oz 31g Oranges 1pcs 19g Granola Bars 1pcs 19g Cookies 1pcs 16g Capri Sun 1pcs 14g Mustard 1pcs 0g Ketchup 1pcs 2g  <i>*Vegan hot dog 4g</i> <i>Gluten free bun 40g</i>	Sandwiches Bread 30g Turkey 4oz 0g American Cheese 2oz 0g Cracker bag 17g Fruit Roll Up 11g Apple 12g Capri Sun 14g Mayonnaise/Mustard 1pcs 0g  <i>*Gluten free bread 21g</i> <i>Vegan deli meat 4g</i> <i>Gluten free cookies 27g</i>	
<b>DINNER</b>	Penne Pasta 6oz 42g Bolognese Sauce 4.4oz 11g Marinara Sauce 4.4 oz 11g Garlic Bread 25g Green Beans 4oz 5g Parmesan 1 oz 0g Olive Garden Salad 4 oz 2g Italian Dressing 2oz 3g  <i>*Gluten free pasta 6oz 43g</i> <i>Gluten free garlic bread 1pcs 22g</i> <i>Vegan meat crumble 4oz 3g</i>	Ground Beef 0g Taco shell 1pcs 21g Lettuce 0g Tomato 1 slice 1g Cheese 0g Salsa 3g Sour Cream 1oz 1g Refried Beans 3oz 23g Corn 15g  <i>*Corn tortillas 1pcs 23g</i> <i>Vegan meat crumble 4oz 3g</i> <i>Vegan Shredded Cheese 12g</i>	Pizza Pepperoni 29g Pizza Cheese 26g Pizza Vegetarian 27g Fruit Salad 28g Caesar Salad with Croutons 15g  <i>*Gluten free crust 0g</i> <i>Vegan mozzarella 12g</i>	Lemon Chicken 1pcs 0g Rice Pilaf 4oz 42g Cream Sauce 2oz 4g Broccoli 3oz 5g Hawaiian Rolls (15g) 16g  <i>*Vegan Chicken patty 4g</i> <i>Gluten free white rice 4oz 37g</i> <i>Gluten free cream sauce 2oz 4g</i> <i>Gluten free bread 22g</i>	
	Cake 52g	Churros 26g	Pudding 20g	Brownies 54g	

*\*Dietary options*