

ATHLETIC TRAINER

DEFINITION

Under direction, to carry out a program for the care, treatment, rehabilitation and prevention of physical injuries to athletes in the athletic program; and to do related work as required.

DISTINGUISHING CHARACTERISTICS

Positions in this classification are characterized by their responsibility to organize and conduct a comprehensive program in the prevention and care of athletic injuries, under the supervision of a physician, and to promote the prevention of injuries by all available means including conditioning, protective equipment, exercising, taping and training techniques. Responsible to the school's Athletic Director.

OCCUPATIONAL GROUP

Classified

EXAMPLES OF DUTIES

- Evaluates all initial athletic injuries and performs appropriate indicated first aid.
- Recommends to parents appropriate medical care related to injuries, illnesses and conditions.
- Provides documentation, follow-up treatment and rehabilitation under physician's directions.
- Develops the scheduling of physical examinations of athletes.
- Has primary responsibility for preventative taping and wrapping of injured areas and for injury surveillance.
- During practices and games, must be available to render first aid and immediate evaluation of injury.
- Travels with teams to games as required.
- Maintains copies of records of physician's diagnosis, treatment, operative reports, prescriptions, physical examination reports, medical history forms, accident reports, and insurance forms.

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- Provides reports to coaches on injuries, medical reports and status of athletes under treatment.
- Certifies medical eligibility of students to return to the athletic program.
- Assists Head Coaches in off season in the conditioning, rehabilitation and maintenance of physical fitness, as required.
- Coordinates the issuance, proper fitting, collection and inventory of all regular and protective athletic equipment.
- Under physician's direction, operates ultrasound and other therapeutic items approved by the administration.
- Responsible for all forms and reports related to athletic clearance.
- Maintains inventory and requisitions various items such as supporting devices, protective padding, tape, etc.
- Assists in arranging for physician and ambulance service at games when so required.
- Recommends nutritional controls.
- Performs related work as required.

MINIMUM QUALIFICATIONS

Knowledge of:

- First aid methods including artificial respiration, bandaging and sound methods and practices of physical therapy;
- Physical fitness training, exercise and nutrition;
- Athletic medical problems.

Ability to:

- Evaluate injuries, apply treatment and be aware of adverse effects which can occur with complications;
- Follow physician's directions explicitly;
- Read prescriptions;
- Communicate effectively and work cooperatively with coaches and athletes;
- Keep records of athlete's injuries and equipment;
- Operate whirlpool, exercise and rehabilitative machines, ultrasound and therapeutic items.

EXPERIENCE

One (1) year experience working in an athletic training and similar areas.

EDUCATION

Four (4) years of college with NATA certification required; Bachelor's Degree preferred.

LICENSES REQUIRED

Valid California Driver's License
Valid Athletic Trainer Certificate
Valid American Red Cross/First Aid Certificate
Valid Cardio-Pulmonary Resuscitation Certificate

Board Approved: 2/28/84