Characteristics of the Epic Hero

1. Larger than life figure from history or legend.

2. The hero undertakes a dangerous voyage, demonstrating traits – such as courage, loyalty, and honor – that are valued by the society in which the epic originates.

3. Lives on after death – meaning they are forever remembered by those who live after them achieving a type of immortality.

4. Not a “superman” with magical powers, but a regular human whose aspirations and accomplishments set him apart.

5. Overcomes great obstacles/opponents but maintains humanity.

6. Experiences typical human emotions/feelings, but is able to control them better than a typical person.

7. Undergoes personal transformation during their journey.
The Stages of the Hero’s Journey

1. Ordinary/Mundane World
2. Call to Adventure
3. Refusal of the Call
4. Meeting with the Mentor
5. Crossing the Threshold
6. Tests, Allies, Enemies
7. Approach to the Inmost Cave
8. Ordeal
9. Reward (Seizing the Sword)
10. The Road Back
11. Resurrection
12. Return with the Elixir
Hero’s Journey Video (Ted-Ed Vid on Youtube)

Write down 3 characteristics of a hero that stand out to you from the video:

1. 
2. 
3. 
Is Odysseus a Hero?

<table>
<thead>
<tr>
<th>YES</th>
<th>NO</th>
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SUMMARY

• Something that is becoming clear to me about heroes and the hero’s journey is... (2-3 sentences)